

Karakia

Tūria, tūria te mata hau nō Rangi
Tūria, tūria te mata hau nō Papa
Paiheretia te tangata ki te kawa tupua,
ki te kawa tawhito
He kawa ora! He kawa ora!
He kawa ora ki te tangata
He kawa ora ki te whānau
He kawa ora ki te iti, ki te rahi
He kawa tātaki ki au mau ai
Tūturu o whiti, whakamaua kia tīna
Hui e! Tāiki e!

Te Whatu Ora
Health New Zealand

Te Aka Whai Ora
Māori Health Authority

Shifting the System

- Margie Apa, Chief Executive Te Whatu Ora
- Riana Manuel, Chief Executive Te Aka Whai Ora
- Oriana Paewai – Te Pae Oranga o Ruahine o Tararua Chair, Iwi Māori Partnership Board,
- Tania Rauna – Tairāwhiti Toitū Te Ora Chair, Iwi Māori Partnership Board
- Corbin Whanga – Senior Advisor Clinical – Oranga Hinengaro, Te Aka Whai Ora

7 December 2023

Te Whatu Ora

Health New Zealand

Te Aka Whai Ora

Māori Health Authority

1

The health system will reinforce Te Tiriti principles and obligations

All people will be able to access a comprehensive range of support in their local communities to help them stay well

2



5

Health and care workers will be valued and well-trained for the future health system

Everyone will have equal access to high quality emergency and specialist care when they need it

3

4

Digital services will provide more people the care they need in their homes and communities

100 Day Plan

100-day plan	Role
Improve security for the health workforce in hospital emergency departments	Te Whatu Ora implementation
Sign an MoU with Waikato University to progress a third medical school	Te Whatu Ora contributes to business case
By 1 December 2023, lodge a reservation against adopting amendments to WHO health regulations to allow the government to consider these against a "national interest test"	Ministry of Health leads
Set five major targets for the health system, including for wait times and cancer treatment	Te Whatu Ora lead implementation
Introduce legislation to disestablish the Maori Health Authority	As advised by the Ministry of Health
Take first steps to extend free breast cancer screening to those aged up to 74	Te Whatu Ora implements
Repeal amendments to the Smokefree Environments and Regulated Products Act 1990 and regulations	Ministry of Health leads
Allow the sale of cold medication containing pseudoephedrine	Ministry of Health leads
Begin work to repeal the Therapeutics Products Act 2023	Ministry of Health leads



Rāumati summer 23/24

7 December 2023

Overview

- Aotearoa is looking forward to a good summer this year.
- Fewer COVID restrictions this year mean more freedom to travel, visits to whānau and events.
- This freedom also means increased risk and pressure on health services, especially in holiday areas.

Objectives

We are encouraging people to:

- Plan ahead and be prepared before visiting whānau, travelling or attending events
- be aware of the many ways we can take care of ourselves and others over summer
- know where and how to find support for themselves and their whānau when they need healthcare
- be aware of the viruses, bugs and illnesses to look out for this summer
- know how to manage issues related to El Nino, including extreme heat

Key message themes

- Preparing to go on holiday, including getting prescriptions in advance
- Where to seek help and health advice over the break including Healthline, pharmacies
- Staying home when sick, and helping to prevent the spread of illness
- Getting vaccinations to help protect you and your whānau
- Managing in extreme heat, particularly those who are vulnerable including elderly, babies and those with other health conditions
- Mental health support including for those who may be affected by droughts eg farmers

Channels

- Social media including Tik Tok, Instagram and Facebook (including a video series featuring whānau Māori preparing for summer)
- Digital channels
- Radio
- News media (including interviews with Māori and Pacific clinicians)

Creative outputs

Stock up on your repeat prescriptions before the holidays



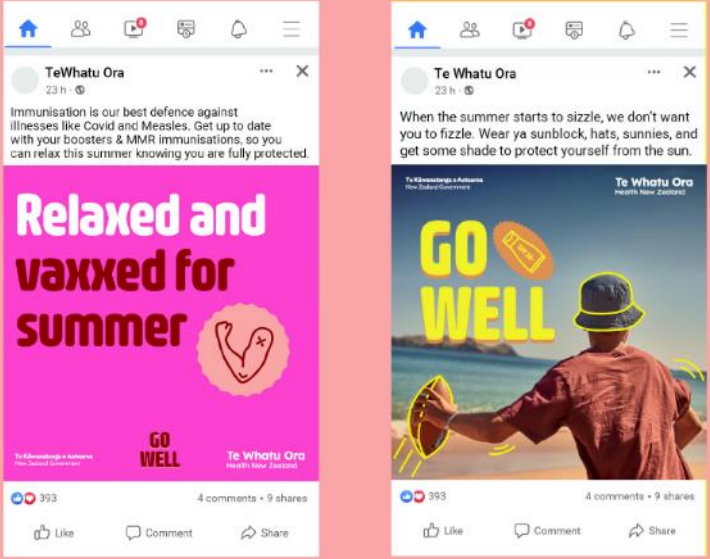
Te Kaitiaki Take Kōwhiri
Te Whatu Ora
Health New Zealand

Spread sunshine this summer, not bugs

Rest up at home if you're sick



Te Kaitiaki Take Kōwhiri
Te Whatu Ora
Health New Zealand



Te Whatu Ora
23 h · 🌐

Immunisation is our best defence against illnesses like Covid and Measles. Get up to date with your boosters & MMR immunisations, so you can relax this summer knowing you are fully protected.

Te Whatu Ora
23 h · 🌐

When the summer starts to sizzle, we don't want you to fizzle. Wear ya sunblock, hats, sunnies, and get some shade to protect yourself from the sun.

Te Kaitiaki Take Kōwhiri
Te Whatu Ora
Health New Zealand

Te Kaitiaki Take Kōwhiri
Te Whatu Ora
Health New Zealand

Radio: Nurse Becs

Radio: Māmā Ranui

Radio: Grandfather Sione



GO WELL - PREPARING FOR SUMMER



Here are some tips on how you can stay healthy and Go Well this summer.

BEFORE CHRISTMAS

Opening hours of doctors, hauora providers and community pharmacies may change over the summer period. Be sure to get in touch early if there is anything you need over the holidays, including:

- Regular prescription medicines
- RATs and masks
- Covid booster, if you are eligible, and/or measles (MMR) vaccine
- Basics you may need over the break, like paracetamol and first aid supplies

HEALTHCARE SUPPORT

Call Healthline on 0800 611 116 for free medical advice 24/7, 365 days a year. Interpreter support and Māori clinicians are available.

Healthline is important if you don't have access to your regular doctor, or if you are unsure if you should go to hospital or not. Save the Healthline number to your phone so it is handy if you need it. In an emergency call 111 or go directly to your closest Hospital Emergency Department.

MANAGING THE HEAT AND SUN




Some summer days will be very hot, so be prepared and look out for those who are more likely to be affected by the heat, including older whānau.

- Plan ahead - check the forecast daily
- Drink plenty of water and have water available throughout the day
- Stay out of the sun during the hottest part of the day, find shade outside wherever possible
- When outside, wear high-SPF sunscreen, a hat, sunglasses and loose clothing that covers your skin
- Cars can get very hot in the sun so please don't leave children or pets in them unattended
- Exercise or do outdoor activities early in the morning or later in the evening

TRAVELLING OR LIVING RURALLY

Health services and pharmacies may be limited, particularly in remote areas. Have on hand:

- Regular medication/prescriptions
 - Plenty of sunblock
 - A first aid kit
 - Thermometer
 - Pain relief
 - RATs
 - Masks
 - Hand sanitiser
 - Insect repellent
- 



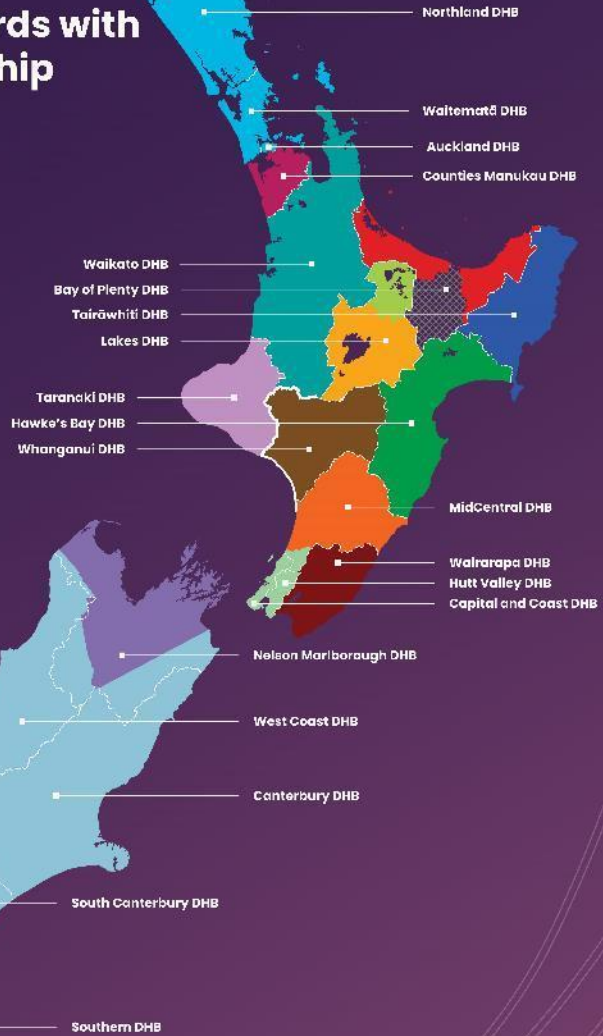
Find out more
info.health.nz/go-well

Te Aka Whai Ora

Updates

District Health Boards with Iwi-Māori Partnership Board areas

- Te Taumata Hauora o Te Kahu o Taonui
- Te Moana a Toi
- Te Taura Ora o Wairiki
- Tūwharetoa
- Tairāwhiti Toitū Te Ora
- Te Punanga Ora
- Te Mātuku
- Tihei Tākitimu
- Te Pae Oranga o Rūhine o Taranaki
- Ātāwā Toa
- Te Karu o te Ika Pouri Hauora
- Ngāa Pou Hauora o Taamaki Makaurau
- Te Tiratū
- Te Kāhui Hauora o Te Tau Ihu
- Te Tauraki
- Undefined
- District Health Board boundaries



Iwi-Māori Partnership Board



Ka anga atu au ki te anamata, ka titiro ki tua ki te
pitomata He ao anō kei mua i te aroaro
He reanga reo, he reanga hou

*As I set my sights on the future, promising prospects
yonder, a new direction ahead – the proclamation of a
revolutionary transformation!*

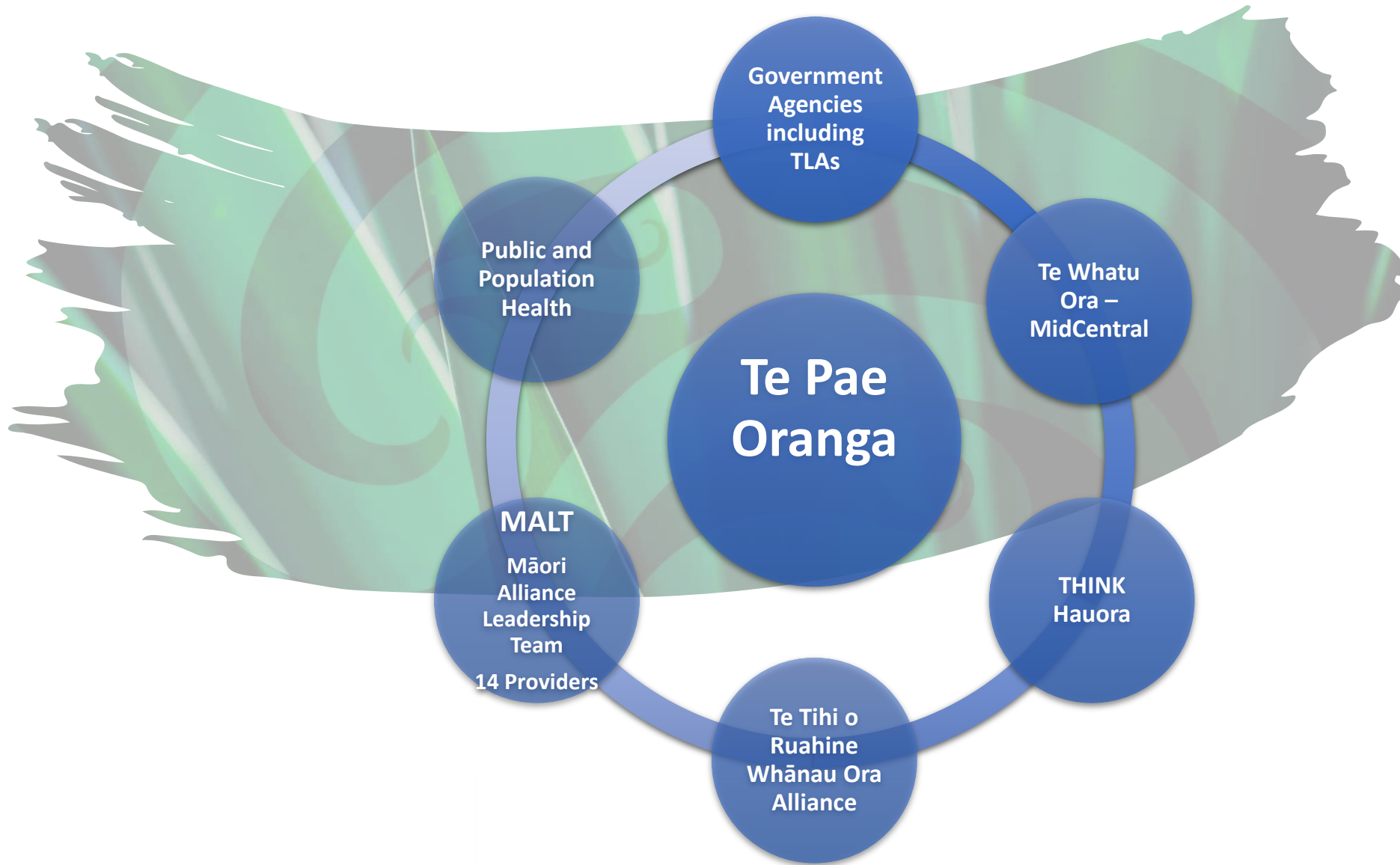
Te Pae Oranga o Ruahine o Tararua

10 members

- Seven (7) Iwi
 - Two (2) Maataawaka
 - One (1) Tangata Whaikaha
- ...plus, Tāhu Ora (back-office support)

Central Region (Ikaroa) IMPBs

- Tīhei Takitimu
- Te Karu o te Ika
- Te Ati Awa Toa
- Te Mātuku



TE PAE ORANGA
RUAHINE | TARARUA

What do we do?

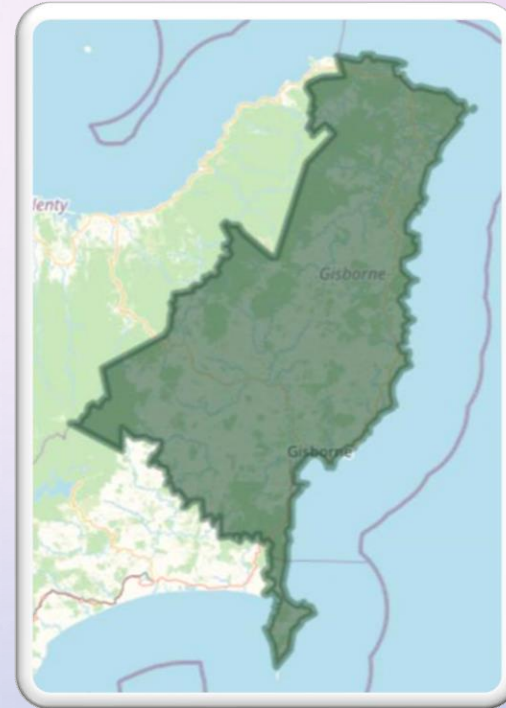
Cyclone Gabrielle Response

- Clinical team to Te Puia Springs Hospital
- Rongoā teams to Hawkes Bay

**Wairarapa First 1000 Days / He Oranga Poutama /
Equity Plan – Ka Ora Kainga Rua (hospital site
redevelopment) / Research bid / Hosting a collective
RoI**

Five Markers of Pae Ora

- Kotahitanga
- Kainga Tūturu
- Te Kawenata o Waitangi
- Kia Piki te Ora
- Kahui Mātauranga



TAIRĀWHITI TOITŪ TE ORA

OUR PARTNERSHIP BOARD BOUNDARY BEGINS WITH PŌTIKIRUA AT THE NORTH-EASTERN POINT, MATAWAI TO THE NORTHWEST, TINIROTO TO THE SOUTHWEST, AND DOWN TO MAHIA PENINSULA, ISTHMUS AND ADJACENT MAINLAND BETWEEN THE ROHE OF NGĀI TĀMANUHIRI AT PARITU IN THE NORTH TO THE ROHE OF RĀKAIPAAKA TO THE WEST.

A PLACE-BASED APPROACH FOR TAIRAWHITI WHĀNAU

INFORMED BY OUR WHĀNAU VOICE:

- NGATI POROU EAST COAST – NGATI POROU IWI
- TURANGANUI Ā KIWA – TURANGA IWI & TURANGA URBAN
- TURANGA RURAL
- MAHIA – RONGOMAIWAHINE IWI

CHALLENGES TO OUR REGION:

- COST OF LIVING & HOUSING PRESSURES

“COST OF RENT IS OUT THE GATE”

- CLIMATE CHANGE & SEVERE WEATHER EVENTS
- HEALTH WORKFORCE PRESSURES – HSS, DENTAL CARE, GP WAITING LISTS

“FOR A DOCTOR TO BE HERE LONG ENOUGH TO KNOW US”

- INCREASED METH ADDICTION, MENTAL HEALTH ILLNESSES AND POTENTIAL FOR SUICIDE

OUR PRIORITIES

- BETTER ACCESS TO COMMUNITY AND PRIMARY CARE
- IMPROVING WHANAU EXPERIENCE WITH HEALTH SERVICES
- IMPROVING THE RESILIENCE OF OUR HEALTH SYSTEM AND SERVICES
- ACHIEVING 'EQUITY' FOR TAIRAWHITI WHANAU AND COMMUNITIES
- WHANAU, HAPU, IWI AND COMMUNITY INVOLVEMENT IN SYSTEM AND SERVICE DESIGN
- SUSTAINABLE AND AVAILABLE WORKFORCE



Questions?

Karakia

Kia whakairia te tapu

Kia wātea ai te ara

Kia turuki whakataha ai

Kia turuki whakataha ai

Haumi e. Hui e. Tāiki e!

Restrictions are moved aside

So the pathway is clear

To return to everyday activities