

Journey with New Zealand Female Pelvic Mesh Service

A guide to the patient pathway



Step 1

Referral

Ask your GP or Specialist to refer you to the service.

Referral Triage

Referral Accepted – within 6 weeks, a member of the health team will contact you by phone to arrange a time to take a history, discuss next steps and the Service.



Step 2



Step 3

Coordinating your care

A designated **Clinical Nurse Specialist (CNS)** will coordinate your testing, care and treatment planning, a **Navigator** coordinates non-clinical aspects and is available to support you and your whānau through your journey.

Assessments and Testing

The health team will order tests based on your referral, previous test results and the history you share at your first appointment. This might include pelvic floor ultrasound, urodynamic study, MRI, cystoscopy, physio, occupational therapist or pain specialist assessment.



Step 4



Step 5

Multidisciplinary Meeting (MDM)

The whole team come together in an MDM to discuss your case, your goals of treatment and all the safe treatment options to help you reach those goals.

Treatment

The team will support you and your whānau to explore treatment options. Together with the team, you'll decide what's best for you and when treatment might begin. If we are unable to provide the support you need within the NZFPMS, we will refer you to the appropriate service that can.



Step 6

Please Note: Each individual will have variations in their patient pathway. When and where in your pathway you may see a Surgeon will vary.