



# **Neonatal Outreach Partnership of Care**

Whānau/Family Information - Neonatal Services

## Welcome home

The Neonatal Outreach team will provide support to you and your pēpi/baby within your home. The support you receive may be by:

- Phone calls
- Texts
- Video calls (eg. Zoom)

It is important you respond to these messages or calls so we can assist you with progressing the care of your pēpi and their growth and development.

A member of the Neonatal Outreach team may also visit you and your pepi at your home.

### Visits (home visits or Outreach Clinic visits) It is important you let us know if a member of your household is unwell (eg. generally unwell, cough/cold, respiratory illness).

If someone in your household is unwell, we will continue to support you and monitor the progress of your pēpi; however, we may need to limit visits to keep us all safe.

It is important for the wellbeing of your pēpi that you keep to agreed visit times as we may not be able to reschedule. The team will review the progress of your pēpi with you and discuss any concerns or questions you may have.

## Weights

Please text the weight through to your Outreach Nurse if seen by your LMC, GP, or Well Child Provider, or you weigh your pēpi on scales issued by Outreach.

## **Outpatient appointments**

If your pēpi has an appointment for a hospital clinic visit, it is important your pēpi attends this appointment as it may not be able to be rescheduled.

### Equipment

Your pēpi may be sent home with specialised equipment, eg. scales, monitor, feeding pump. When the equipment is no longer required, together we can decide how it is returned to Neonatal Unit.

### Out of hours/unwell pēpi/baby

• In an emergency, dial 111 for an ambulance.

If you are concerned about your  $p\bar{e}pi$ , the services you can contact for advice are:

- your LMC/GP
- Plunketline (0800 933 922)
- Healthline (0800 611 116)
- After Hours Medical Centre
- Hospital Emergency Department

If your pēpi has been issued with a Direct Access Card, you can use the information you have been given to contact the hospital or present to the Emergency Department.

Te Whatu Ora

**Health New Zealand** 

Nga mihi nui Neonatal Outreach Team

www.cdhb.health.nz/matatiki

