

# Health and Risk Assessment



Is your **partner here** now?

Are you **afraid to go/stay home**?

Has the physical violence **increased in frequency** or severity over the last year?

Has your partner ever **choked** you?

Have you ever been **knocked out** by your partner?

Has your partner **ever used a weapon** or **threatened you** with a weapon?

Do you believe your partner is **capable of killing** you?

Is your partner **constantly jealous** of you?

If yes, has this **jealousy resulted in violence**?

Have you **recently left** your partner or are you considering leaving?

Has your **partner ever threatened suicide**?

Have you **ever considered suicide**?

Is **alcohol** or **substance misuse** a problem for you or your partner?

Have you ever been **beaten** by your partner while you were **pregnant**?

Have the **children seen or heard** the violence?

Has anyone **physically abused** the children?

## Safety planning

- If imminent threat or high risk, ensure immediate safety (this may require contacting Police 111).
- Consult with senior colleagues.
- Express to the person your concerns regarding their safety (and those of any children if relevant).
- Actively encourage the person to accept a referral to specialist services; make contact with the service so they can explain the help they can offer.
- Ask what safety plans the person has in place/ have tried; provide them with information on safety planning.

## Referral and follow-up

Ensure the person has information on:

**Someone to talk to:** eg, family, friends, specialist IPV services.

**Where they can stay:** family, friends, specialist IPV services for safe housing.

**Legal options,** eg, protection orders: specialist IPV services, Police.