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|  | **All District Health Boards** | |
| **SERVICES FOR CHILDREN, ADOLESCENTS AND YOUTH OF PARENTS WITH A MENTAL HEALTH DISORDER OR ADDICTION**  **MENTAL HEALTH AND ADDICTION SERVICES**  **TIER THREE**  **SERVICE SPECIFICATION** | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | **NON-MANDATORY** |
| **Review History** | | **Date** |
| First Published on NSFL | | June 2009 |
| **Amendments:** clarified reporting requirements, completed PU table. Corrected title, edited for consistency | | April 2013 |
| **Amendments**: added MHA57S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz/>

**SERVICES FOR CHILDREN, ADOLESCENTS AND YOUTH OF PARENTS**

**WITH A MENTAL HEALTH DISORDER OR ADDICTION**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHI57C, MHI57D, MHI57E, MHI57F, MHI57S**

This tier three service specification for Services for Children, Adolescents and Youth of Parents with a Mental Health Disorder or Addiction (the Service) must be used in conjunction with tier one Mental Health and Addiction Specialist Services and tier two Infant, Child, Adolescent and Youth service specifications.

# Service Definition

The Service will include:

* building on strengths and developing resilience within the family/whānau context
* assistance with accessing clinical services where required for family/whānau
* providing information and education to family members regarding services and resources available to them
* support families/whānau members to cope with mental health problems that affect them as a family
* linkage to natural supports and strengths within the family/whānau and community as longer-term supports to achieve independence
* linkage to peer groups and networks
* provision of flexible supports to children, adolescents and youth
* culturally appropriate to each family/whānau
* time limited duration.

An allocated flexi-fund may be used when there is no other appropriate funding source available or service to refer the family/whānau or individual to, such as support for household activities and arrangements for child care during attendance at important appointments. Flexible and community-based natural supports are preferred in the first instance and where appropriate.

Children, adolescents and youth will be given as much responsibility as they are able to take for selecting their supports.

# Service Objectives

**2.1 General**

The Service aims to positively impact the health status of the children, adolescents and youth, and their families/whānau where a parent(s) and/or one or more of their children are experiencing severe mental illness and are an identified consumer of clinical mental health services.

The Service is strengths based and resilience focused, and employs a ‘holistic’ approach to support the entire family/whānau, rather than supporting parents or children and young people in isolation.

**2.2 Māori Health**

Refer to the tier one Mental Health and Addiction Services service specification.

# Service Users

The Service Users include children, adolescents and youth who have a parent who experiences a mental illness and/or addiction.

# Access

**4.1 Entry and Exit Criteria**

Access to the Service is on referral from specialist community mental health or addiction services.

# Service Components

**5.1 Processes**

The following processes apply but are not limited to: assessment, treatment, intervention and support, review and discharge.

**5.2 Settings**

Community based setting.

**5.3 Key Inputs**

The Services are provided by:

* people regulated by a health or social service professional body
* people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

Services will be provided by staff with qualifications to support children, adolescents and youth with parents who experience mental health disorders or addiction.

# Service Linkages

Linkages include, but are not limited to the following as described in tier one Mental Health and Addiction Specialist Services and tier two Infant, Child, Adolescent and Youth service specifications.

# Purchase Units and Reporting Requirements

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHI57C | Child, adolescents & youth & families with mental health disorders – Nursing/allied health staff | A strengths-based and resilience and time limited service to help and support children, adolescents and youth and their families/whanau who are experiencing severe mental illness and are an identified consumer of clinical mental health services. The service is provided by non-clinical support staff staff who interact with the service users and who are not subjected to regulatory requirements under legislation or by any other means. | FTE |
| MHI57D | Child, adolescents & youth & families with a mental health disorder - Non-clinical staff | A strengths-based and resilience and time limited service to help and support children, adolescents and youth and their families/whanau who are experiencing severe mental illness and are an identified consumer of clinical mental health services. The service is provided by non-clinical support staff who interact with the service users and who are not subjected to regulatory requirements under legislation or by any other means. | FTE |
| MHI57E | Children, adolescents and youth and families with a mental health disorder - Cultural staff | A strengths-based and resilience and time limited service to help and support children, adolescents and youth and their families/whanau who are experiencing severe mental illness and are an identified consumer of clinical mental health services. The service is provided by support cultural staff who interact with the service users and who are not subjected to regulatory requirements under legislation or by any other means. | FTE |
| MHI57F | Children, adolescents and families with a mental health disorder - Peer Support | A strengths-based and resilience and time limited service to help and support children, adolescents and youth and their families/whanau who are experiencing severe mental illness and are an identified consumer of clinical mental health services. The service is provided by peer support who interact with the service users and who are not subjected to regulatory requirements under legislation or by any other means. | FTE |
| MHI57S | Children, adolescents and families with a mental health disorder - | A strengths-based and resilience and time limited service to help and support children, adolescents and youth and their families/whanau who are experiencing severe mental illness and are an identified consumer of clinical mental health services. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)