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|  | **All District Health Boards** | |
| **INFANT, CHILD, ADOLESCENT AND YOUTH –**  **DAY TREATMENT SERVICES**  **MENTAL HEALTH AND ADDICTION SERVICES**  **TIER THREE**  **SERVICE SPECIFICATION** | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | **NON-MANDATORY** |
| **Review History** | | **Date** |
| First Published on NSFL | | June 2009 |
| **Correction:** Reporting item- monthly number of day attendances added | | July 2010 |
| **Amendments**: clarified reporting requirements, completed PU table. Corrected title, edited for consistency | | March 2013 |
| **Amendments:** added MHI45S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz/>

**INFANT, CHILD, ADOLESCENT AND YOUTH - DAY TREATMENT SERVICES**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHI45, MHI45A, MHI45B, MHI45C, MHI45D, MHI45E, MHI45F, MHI45S**

This tier three service specification for Infant, Child, Adolescent and Youth - Day Treatment Services (the Service) must be used in conjunction with tier one Mental Health and Addiction Services and tier two Infant, Child, Adolescent and Youth service specifications.

Day treatment programmes are fully integrated into the spectrum of infant, child, adolescent and youth mental health services to ensure the smooth transition of Service Users from one part of the service to another. They may be delivered as a more intensive component and part of the community mental health service or the inpatient service.

**1. Service Definition**

The Service will include a range of services:

* assessment or re-assessment of clinical conditions/functional abilities
* medication review and stabilisation
* specific programmes for symptom reduction, enhancement of function, and education and information
* consultation with and/support to family/whānau and significant others.

The Service may be delivered as a more intensive component and as part of the community mental health service or inpatient service.

The Service is expected to reduce the frequency of inpatient stays and length of stay in inpatient settings.

**2. Service Objectives**

**2.1 General**

To provide an assessment, treatment and resilience-oriented programme for those requiring specialised programmes and/or more intensive care than can be provided within community infant, child, adolescent and youth mental health services, but who do not require inpatient care.

**2.2 Māori Health**

Refer to the tier one Mental Health and Addiction Services service specification.

**3. Service Users**

The Service Users include eligible infants, children, adolescents and youth.

**4. Access**

**4.1 Entry and Exit Criteria**

Referrals received from other specialist child and adolescent mental health services and mental health inpatient services.

**5. Service Components**

**5.1 Processes**

The following processes apply but are not limited to: assessment, treatment, intervention and support, review and discharge.

**5.2 Settings**

Community or hospital based setting.

**5.3 Key Inputs**

The Services are provided by a multi-disciplinary team of people with skills and experience in mental health intervention, treatment and support, made up of:

* health professionals regulated by the Health Practitioners Competence Assurance Act 2003
* people regulated by a health or social service professional body
* people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means
* staff with training, skills and expertise in mental health intervention, treatment and support, for infants, children, adolescents and youth
* staff with the ability to recognise underlying mental health and developmental issues.

**6. Service Linkages**

Linkages include, but are not limited to the following described in tier one Mental Health and Addiction Service and tier two Infant, Child, Adolescent and Youth service specifications.

**7. Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHI45 | Infant, child, adolescent and youth day services | An assessment, treatment and resilience orientated programme aimed at enhancing interpersonal and living skills for people who have mental health problems and high support needs. The service excludes inpatient care, and it is expected to reduce the frequency and length of stay in inpatient settings. | Client |
| MHI45A | Infant, child, adolescent and youth day services - Senior medical staff | An assessment, treatment and resilience orientated programme aimed at enhancing interpersonal and living skills for people who have mental health problems and high support needs. The service excludes inpatient care, and it is expected to reduce the frequency and length of stay in inpatient settings. The service is delivered by senior medical staff trained in mental health, intervention, treatment and support. | FTE |
| MHI45B | Infant, child, adolescent and youth day services - Junior medical staff | An assessment, treatment and resilience orientated programme aimed at enhancing interpersonal and living skills for people who have mental health problems and high support needs. The service excludes inpatient care, and it is expected to reduce the frequency and length of stay in inpatient settings. The service is delivered by junior medical staff trained in mental health, intervention, treatment and support. | FTE |
| MHI45C | Infant, child, adolescent and youth day services – Nursing and/or allied health staff | An assessment, treatment and resilience orientated programme aimed at enhancing interpersonal and living skills for people who have mental health problems and high support needs. The service excludes inpatient care, and it is expected to reduce the frequency and length of stay in inpatient settings. The service is delivered by nurses and/or allied health staff trained in mental health, intervention, treatment and support. | FTE |
| MHI45D | Infant, child, adolescent and youth day services - Non-clinical staff | An assessment, treatment and resilience orientated programme aimed at enhancing interpersonal and living skills for people who have mental health problems and high support needs. The service excludes inpatient care, and it is expected to reduce the frequency and length of stay in inpatient settings. The service is delivered by non-clinical support staff trained in mental health, intervention, treatment and support. | FTE |
| MHI45E | Infant, child, adolescent and youth day services - Cultural staff | An assessment, treatment and resilience orientated programme aimed at enhancing interpersonal and living skills for people who have mental health problems and high support needs. The service excludes inpatient care, and it is expected to reduce the frequency and length of stay in inpatient settings. The service is provided by the appropriate cultural staff. | FTE |
| MHI45F | Infant, child, adolescent and youth day services - Peer support staff | An assessment, treatment and resilience orientated programme aimed at enhancing interpersonal and living skills for people who have mental health problems and high support needs. The service excludes inpatient care, and it is expected to reduce the frequency and length of stay in inpatient settings. The service is provided by peer support groups who are not subjected to regulatory requirements under legislation or by any other means. | FTE |
| MHI45S | Infant, child, adolescent and youth day services | An assessment, treatment and resilience orientated programme aimed at enhancing interpersonal and living skills for people who have mental health problems and high support needs. The service excludes inpatient care, and it is expected to reduce the frequency and length of stay in inpatient settings. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Client | Number of clients managed by the service in the reporting period (period is annual 1st July - 30th June) i.e. caseload at the beginning of the plus all new cases in the period. 'Client' and 'Service User' are interchangeable. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**9.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)