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|  | All District Health Boards | |
| **CHILD, ADOLESCENT AND YOUTH-**  **COMMUNITY BASED DAY ACTIVITY SERVICE**  **MENTAL HEALTH AND ADDICTION SERVICES -**  **TIER THREE**  **SERVICE SPECIFICATION** | | |
| **STATUS:** **These service specifications may be amended to meet local agreement needs.** | | **NON-MANDATORY** |
| Review History | | Date |
| First Published on NSFL | | June 2009 |
| **Correction:** Reporting items- ‘I’ cluster added | | July 2010 |
| **Amended**: clarified reporting requirements, completed PU table. Corrected title, edited for consistency | | March 2013 |
| **Amended:** added MHI54S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz/>

**CHILD, ADOLESCENT AND YOUTH –**

**COMMUNITY BASED DAY ACTIVITY SERVICE**

**MENTAL HEALTH AND ADDICTION SERVICES -**

**TIER THREE SERVICE SPECIFICATION**

**MHI54C, MHI54D, MHI54E, MHI54S**

This tier three service specification for Child, Adolescent and Youth - Community Based Day Activity Service (the Service) must be used in conjunction with tier one Mental Health and Addiction Services and tier two Infant, Child, Adolescent and Youth service specifications.

**1. Service Definition**

The Service will include day activities that will:

* have a skills enhancement focus and promote normalisation, social inclusion and community involvement by including community-based activities
* develop the skills and support networks necessary for the Service User to use the community-based educational, employment, social and other services that are usually accessed by their age group
* provide a flexible and varied programme of community-based activities that will be determined largely by the Service User’s needs, and will provide a safe environment for mutual support, information exchange and socialisation.

Children, adolescents and youth will be given as much responsibility as they are able to take for determining the content of the programme and have input into the organisation of the service.

A variety of approaches will be developed to help Service Users to acquire and use educational, pre-vocational and cultural skills that are needed to obtain employment or return to school. The style of the service will be such that:

* emphasis will be on supporting the strengths of the Service Users and their families and whānau
* families and whānau, significant others and mental health workers will work together with the Service User to reach desirable outcomes for all.

**2. Service Objectives**

**2.1 General**

To assist children, adolescents and youth with serious mental health problems and high support needs to improve their life skills, overcome social isolation and to meet their developmental, social, educational and pre-vocational needs.

**2.2 Māori Health**

Refer to tier one Mental Health and Addiction Services service specification.

**3. Service Users**

The Service Users are eligible children, adolescents and youth.

**4. Access**

**4.1 Entry and Exit Criteria**

Access to the Service is by referrals from specialist community or inpatient child and adolescent mental health services.

**5. Service Components**

**5.1 Processes**

The following processes apply but are not limited to: assessment, treatment, intervention and support, review and discharge.

**5.2 Settings**

The Service is provided in community based settings.

**5.3 Key Inputs**

Services will be provided by:

* people regulated by a health or social service professional body, people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means
* staff with qualifications to support children, adolescents and youth with serious mental health problems. Specialist skills in terms of access to education and vocational opportunities will also be needed.

**6. Service Linkages**

Linkages include, but are not limited to the following described in tier one Mental Health and Addiction Services and tier two Infant, Child, Adolescent and Youth service specifications.

**7. Purchase Units and Reporting Requirements**

**7.1** Purchase Units (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHI54C | Child, adolescent and youth community based day activity service – Nursing/allied health staff | A youth community day-based activities service to assist children, adolescents and youth with serious mental health problems and high support needs to improve their life skills and overcome social isolation. The service will have a skills enhancement focus, and promote normalisation, social inclusion and community based activities. Develop the skills and support networks for the service user to use the community based educational, employment, social and other services, that are accessed by their age group, and provide a safe environment for mutual support, information exchange and socialization. The service is provided by nurses and/or allied health staff with social support, trained in mental health, treatment and support. | FTE |
| MHI54D | Child, adolescent and youth community based day activity service - Non-clinical staff | A youth community day-based activities service to assist children, adolescents and youth with serious mental health problems and high support needs to improve their life skills and overcome social isolation. The service will have a skills enhancement focus, and promote normalisation, social inclusion and community based activities. Develop the skills and support networks for the service user to use the community based educational, employment, social and other services, that are accessed by their age group, and provide a safe environment for mutual support, information exchange and socialization. The service is provided by non-clinical support staff not subjected to regulatory requirements under legislation or by any other means. | FTE |
| MHI54E | Child, adolescent and youth community based day activity service - Cultural staff | A youth community day-based activities service to assist children, adolescents and youth with serious mental health problems and high support needs to improve their life skills and overcome social isolation. The service will have a skills enhancement focus, and promote normalisation, social inclusion and community based activities. Develop the skills and support networks for the service user to use the community based educational, employment, social and other services, that are accessed by their age group, and provide a safe environment for mutual support, information exchange and socialization. The service is provided by cultural staff, who interact with the users and who are not subjected to regulatory requirements under legislation or by any other means. | FTE |
| MHI54S | Child, adolescent and youth community based day activity service | A youth community day-based activities service to assist children, adolescents and youth with serious mental health problems and high support needs to improve their life skills and overcome social isolation. The service will have a skills enhancement focus, and promote normalisation, social inclusion and community based activities. Develop the skills and support networks for the service user to use the community based educational, employment, social and other services, that are accessed by their age group, and provide a safe environment for mutual support, information exchange and socialization. The service is provided by staff trained in mental health, treatment and support. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**9.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)