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|  | All District Health Boards |
| **INFANT, CHILD, ADOLESCENT AND YOUTH -COMMUNITY MENTAL HEALTH SERVICES -****MENTAL HEALTH AND ADDICTION SERVICES****TIER THREE****SERVICE SPECIFICATION** |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | **NON-MANDATORY** |
| Review History | Date |
| First Published on NSFL | June 2009 |
| Amendments – Removal of unapproved Purchase Units MHIK44A, MHIK44C, MHIK44D. Minor editing changes for consistency. | February 2011 |
| **Amendments:** clarified reporting requirements, edited for consistency. | March 2013 |
| **Amendments**: added MHA44S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | April 2017 |
| Consideration for next Service Specification Review | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz/>

**INFANT, CHILD, ADOLESCENT AND**

**YOUTH - COMMUNITY MENTAL HEALTH SERVICES**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHI44A, MHI44B, MHI44C, MHI44D, MHI44E, MHI44S**

This tier three service specification for Infant, Child, Adolescent and Youth Community Mental Health Services (the Service) is linked to tier one Mental Health and Addiction Services and tier two Infant, Child, Adolescent and Youth service specifications.

**1. Service Definition**

The Service will include, but will not be limited to:

* specialist assessment and diagnosis
* provision of medication (including any new agents that are approved for use in accordance with funding and safety protocols) and other treatment in accordance with a documented comprehensive management plan with identified desired outcomes
* provision of appropriate psychotherapies
* ongoing monitoring of symptoms and regular review of progress and treatment at specified intervals
* attention to matters concerning early intervention, maintenance of health, relapse prevention, problem prevention and promotion of good mental health
* provision of consultation and liaison services to primary care providers and other relevant agencies providing services to infants, children, adolescents and youth.

These services will be fully integrated with other mental health services.

Provision will be made for specialist mental health assessments for particular sub-groups, including:

* infants, children, adolescents and youth with attention deficit hyperactivity disorders
* children, adolescents and youth with eating disorders
* infants, children, adolescents and youth with autism spectrum disorders
* infants, children, adolescents and youth with combined problems of mental illness plus drug and alcohol use, or intellectual disability, or brain injury
* refugees.

These services will also provide specialist advice and information to primary care providers who retain responsibility concerning the care of specific individuals with a mental illness. They will also respond to acute mental health problems.

The Service will include, but will not be limited to:

* regular telephone consultation for professionals involved in the care of infants, children, adolescents and youth
* face-to-face consultation service with professionals offering advice and supervision may be delivered in primary care settings, for example, Youth One Stop Shop
* joint working offering primary care professionals direct experience in mental health
* networking that promotes sector linkage
* training in infant, child, adolescent and youth issues
* liaison to facilitate communication between primary and secondary care professionals.

The provision of any treatment, therapy or support services to infants, children, adolescents and youth from these groups will be aimed at addressing the specific mental health problems that require specialist intervention. Services will be provided in collaboration with other health, welfare and education agencies that have responsibility for providing services to these age groups. The provision of services to these groups should follow the principles outlined in *Te Raukura: Mental health and alcohol and other drugs: Improving outcomes for children and youth* (Ministry of Health 2007).

Care will be provided in conjunction with primary health services. At the least, there will be documented clear communication with any primary health providers regarding the treatment plan and progress, and its completion, if approved by the Service User. Training, advice and supervision will be provided to primary health workers to support the assessment/ treatment/ management of Service Users in community settings. Care will be co-ordinated by a key worker or care co-ordinator with several staff of varying ethnic backgrounds being available to contribute to care in accordance with identified needs.

There is an expectation of relapse prevention and reduction.

**2. Service Objectives**

**2.1 General**

To provide a community-based mental health treatment and therapy service across a range of settings for infants, children, adolescents and youth, that is strengths based and resilience oriented.

**2.2 Māori Health**

Refer to the tier one Mental Health and Addiction Specialist Services service specification.

**3. Service Users**

The Service Users include eligible infants, children, adolescents and youth.

**4. Access**

**4.1 Entry Criteria**

Access may be from any source, including directly or upon referral from primary practitioners, family and whānau, carers, community members and inpatient services.

**5. Service Components**

**5.1 Processes**

The following processes apply but are not limited to: assessment, treatment, intervention and support, review and discharge

**5.2 Settings**

The Service is provided in a community based setting.

**5.3 Key Inputs**

The Service is provided by a multi-disciplinary team of people with skills and experience in mental health intervention, treatment and support, made up of:

* health professionals regulated by the Health Practitioners Competence Assurance Act 2003
* people regulated by a health or social service professional body
* people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means
* staff with training, skills and expertise in mental health intervention, treatment and support, for infants, children, adolescents and youth
* staff with the ability to recognise underlying mental health and developmental issues.

**6. Service Linkages**

Linkages include, but are not limited to the following as described in tier one Mental Health and Addiction Specialist Services and tier two Infant, Child, Adolescent and Youth service specifications.

**7. Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Units Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHI44A | Infant, child, adolescent & youth community mental health services – Senior medical staff | A community strength and resilience based mental health treatment and therapies service across a range of settings for infants, children, adolescents and youth. The service is provided by senior medical staff trained in mental health intervention treatment and support, and it includes but not limited to: a specialist assessment and diagnosis, psychotherapy and ongoing monitoring of symptoms. | FTE |
| MHI44B | Infant, child, adolescent & youth community mental health services – Junior medical staff | A community strength and resilience based mental health treatment and therapies service across a range of settings for infants, children, adolescents and youth. The service is provided by junior medical staff trained in mental health intervention treatment and support, and it includes but not limited to: a specialist assessment and diagnosis, psychotherapy and ongoing monitoring of symptoms. | FTE |
| MHI44C | Infant, child, adolescent & youth community mental health services – Nursing/allied health staff  | A community strength and resilience based mental health treatment and therapies service across a range of settings for infants, children, adolescents and youth. The service is provided by nurses and/or allied health staff trained in mental health intervention treatment and support, and it includes but not limited to: a specialist assessment and diagnosis, psychotherapy and ongoing monitoring of symptoms. | FTE |
| MHI44D | Infant, child, adolescent & youth community mental health services – Non clinical staff | A community strength and resilience based mental health treatment and therapies service across a range of settings for infants, children, adolescents and youth. The service is provided by non-clinical support staff trained in mental health intervention treatment and support, and it includes but not limited to: a specialist assessment and diagnosis, psychotherapy and ongoing monitoring of symptoms. | FTE |
| MHI44E | Infant, child, adolescent & youth community mental health services – Cultural staff | A community strength and resilience based mental health treatment and therapies service across a range of settings for infants, children, adolescents and youth. The service is provided by cultural support staff. | FTE |
| MHI44F | Infant, child, adolescent & youth community mental health services – Peer support staff | A community strength and resilience based mental health treatment and therapies service across a range of settings for infants, children, adolescents and youth. The service is provided by peer support groups who are not subjected to regulatory requirements under legislation or by any other means. | FTE |
| MHI44S | Infant, child, adolescent & youth community mental health services | A community strength and resilience based mental health treatment and therapies service across a range of settings for infants, children, adolescents and youth. The service is provided by staff trained in mental health intervention treatment and support, and it includes but not limited to: a specialist assessment and diagnosis, psychotherapy and ongoing monitoring of symptoms. | Service |

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| **PU Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email performance\_reporting@moh.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)