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|  | **All District Health Boards** | |
| **COMMUNITY-BASED CHILD, ADOLESCENT AND YOUTH**  **CO-EXISTING PROBLEMS OF MENTAL HEALTH AND ALCOHOL AND/OR DRUG USE**  **MENTAL HEALTH AND ADDICTION SERVICES**  **TIER LEVEL THREE**  **SERVICE SPECIFICATION** | | |
| **STATUS:**  **These service specifications may be amended to meet local agreement needs.** | | **NON MANDATORY** |
| Review History | | Date |
| First Published on NSFL | | June 2009 |
| Working party review: | | April 2009 |
| Amended: clarified reporting requirements, completed PU table. Corrected title, edited for consistency | | April 2013 |
| Amended added MHDI50S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | | July 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Comissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz/>

**COMMUNITY-BASED CHILD, ADOLESCENT AND YOUTH**

**CO-EXISTING PROBLEMS OF MENTAL HEALTH AND ALCOHOL**

**AND/OR DRUG USE**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHDI50A, MHDI50B, MHDI50C, MHDI50D, MHDI50E, MHDI50S**

This tier three service specification for Community based Child, Adolescent and Youth Co-existing Problems of Mental Health and Alcohol and/or Drug Use (the Service) is linked to tier one Mental Health and Addiction Services, tier two Infant, Child, Adolescent and Youth, and tier two Addiction service specifications.

**1. Service Definition**

The Service includes:

* screening and early intervention for mental health and alcohol and drug problems
* assessment and treatment for children, adolescent and youth with substance abuse disorders and mental health disorders
* co-ordination of treatment to ensure joint care management between mental health and alcohol and other drug services
* family/whānau support
* Service User self-help/peer and mutual support opportunities
* liaison and consultation with other services involved in providing services to children, adolescents and youth and other alcohol and drug treatment services or mental health services.

Each child, adolescent or youth will be offered the interventions that are appropriate according to their age and development, assessed need in terms of their drug and alcohol use, related problems and readiness for change. This may include referral to other services or agencies.

It is expected that Service Users will engage in a treatment programme.

**2. Service Objectives**

2.1 General

To provide a specialised service that indirectly or directly provides interventions for children, adolescents and youth with co-existing problems of mental health disorders and alcohol and drug use.

**2.2 Māori Health**

Refer to the tier one Mental Health and Addiction Services service specification.

**3. Service Users**

The Service Users are eligible children, adolescents and youth.

**4. Access**

**4.1 Entry and Exit Criteria**

Access to the Service is with referral from child and youth alcohol and drug services or child and youth mental health services.

**5. Service Components**

**5.1 Processes**

The following processes apply but are not limited to: assessment, treatment, intervention and support, review and discharge.

**5.2 Settings**

The Service is provided in a community based setting.

**5.3 Key Inputs**

The Services are provided by a multi-disciplinary team of people with skills and experience in mental health intervention, treatment and support, made up of:

* health professionals regulated by the Health Practitioners Competence Assurance Act 2003
* people regulated by a health or social service professional body, people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means
* staff will have competencies, skills and experience, with working with people with alcohol and drug problems/dependence and mental health issues
* staff who have the ability to recognise underlying mental health and developmental issues.

**6. Service Linkages**

Linkages include, but are not limited to the following described in the tier one Mental Health and Addiction Specialist Services and tier two Infant, Child, Adolescent and Youth service specifications.

# 7. Purchase Units and Reporting Requirements

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHDI50A | Community child, adolescent & youth service for co-existing problems - Senior medical staff | A specialised service that indirectly or directly provides screening, intervention, assessment and treatment for children and youth with co-existing problems of mental health disorders, alcohol and drug use. The service includes: coordination of treatment to ensure joint care management between mental health and alcohol and other drug services, family support, and liaison and consultation to other services involved in providing services to children, adolescents and youth around alcohol, drug treatment and other mental health services. The service is provided by senior medical staff trained in mental health intervention, treatment and support. | FTE |
| MHDI50B | Community child, adolescent & youth service for co-existing problems - Junior medical staff | A specialised service that indirectly or directly provides screening, intervention, assessment and treatment for children and youth with co-existing problems of mental health disorders, alcohol and drug use. The service includes: coordination of treatment to ensure joint care management between mental health and alcohol and other drug services, family support, and liaison and consultation to other services involved in providing services to children, adolescents and youth around alcohol, drug treatment and other mental health services. The service is provided by junior medical staff trained in mental health intervention, treatment and support. | FTE |
| MHDI50C | Community child, adolescent & youth service for co-existing problems – Nursing/allied health staff | A specialised service that indirectly or directly provides screening, intervention, assessment and treatment for children and youth with co-existing problems of mental health disorders, alcohol and drug use. The service includes: coordination of treatment to ensure joint care management between mental health and alcohol and other drug services, family support, and liaison and consultation to other services involved in providing services to children, adolescents and youth around alcohol, drug treatment and other mental health services. The service is provided by nurses and/or allied health staff and social support trained in mental health intervention, treatment and support. | FTE |
| MHDI50D | Community child, adolescent & youth service for co-existing problems - Non-clinical staff | A specialised service that indirectly or directly provides screening, intervention, assessment and treatment for children and youth with co-existing problems of mental health disorders, alcohol and drug use. The service includes: coordination of treatment to ensure joint care management between mental health and alcohol and other drug services, family support, and liaison and consultation to other services involved in providing services to children, adolescents and youth around alcohol, drug treatment and other mental health services. The service is provided by non-clinical support staff who interact with the patients and who are not subjected to regulatory requirements under legislation or by any other means. | **FTE** |
| MHDI50E | Community child, adolescent & youth service for co-existing problems - Cultural staff | A specialised service that indirectly or directly provides screening, intervention, assessment and treatment for children and youth with co-existing problems of mental health disorders, alcohol and drug use. The service includes: coordination of treatment to ensure joint care management between mental health and alcohol and other drug services, family support, and liaison and consultation to other services involved in providing services to children, adolescents and youth around alcohol, drug treatment and other mental health services. The service is provided by cultural support staff who interact with the patients and who are not subjected to regulatory requirements under legislation or by any other means. | FTE |
| MHDI50S | Community child, adolescent & youth service for co-existing problems | A specialised service that indirectly or directly provides screening, intervention, assessment and treatment for children and youth with co-existing problems of mental health disorders, alcohol and drug use. The service includes: coordination of treatment to ensure joint care management between mental health and alcohol and other drug services, family support, and liaison and consultation to other services involved in providing services to children, adolescents and youth around alcohol, drug treatment and other mental health services. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement. |

**9.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)