

Mental Health and Addictions Services
**Youth Forensic Inpatient
Services**

Tier 3

September 2024

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1. Status

These service specifications may be amended to meet local agreement needs.

MANDATORY RECOMMENDED

2. Review History

Review History	Date
First Published on NSFL	June 2010
Amended: clarified reporting requirements	February 2013
Amended: changes to reflect requirements in contract for provision of new youth forensic inpatient service	September 2014
Amended: removed standard provider monitoring reporting tables.	April 2017
Consideration for next Service Specification Review	Within five years
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024

Note: In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

<p style="text-align: center;">YOUTH FORENSIC SERVICE – YOUTH FORENSIC INPATIENT SERVICE MENTAL HEALTH AND ADDICTION TIER THREE SERVICE SPECIFICATION MHIY88</p>
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This tier three service specification for a Youth Forensic Services – Youth Forensic Inpatient Service (the Service) must be used in conjunction with the following service specifications: tier two Youth Forensic Mental Health and Addiction Services, tier two Infant, Child, Adolescent and Youth Services and tier one Mental Health and Addiction Services. In addition, it is linked to the tier three Specialist Community Team, Youth Forensic Services, Mental Health and Addiction Services service specifications.

The tier two service specification for Kaupapa Māori services may also provide a useful resource to inform service planning and delivery.

This service specification defines Youth Forensic Services - Inpatient Service and its objectives in the delivery of the Service.

4. Service Definition

The Service comprises of mental health and addiction youth forensic inpatient beds and a multi-disciplinary team of skilled professionals. The Service will be:

- provided in a secure, age appropriate setting (which is also the least restrictive environment that is possible and practicable)¹
- functionally integrated with other community mental health and addiction services for youth, as part of the overall continuum of mental health and addiction services
- cognisant of the specific context and background of each Service User's family and whānau and social networks
- dedicated to facilitating and promoting recovery and greater well-being
- dedicated to providing evidence based interventions and supports that are appropriate to each Service User's culture
- focused to ensure active intervention, crisis intervention and prevention of the escalation or development of the individual's illness, prevention of disability, and concerns associated with treatment, and the prevention of the development of dependency
- cognisant of intellectual disability and other disability and health issues that may affect some Service Users (and must facilitate access to other services when needed).
- able to involve the Service User's family and whanau, when appropriate, in face to face meetings or using electronic technology for intervention planning and service

¹ Ideally, the Service will be co-located with other mental health services for children and youth.

delivery, including use of e-technology to communicate with other District services and other agencies (CYF residences, courts etc) for service provision and coordination.

5. Service Objectives

5.1 General

The objective of the Service is to provide secure inpatient level care for young offenders who are severely affected by mental health disorders and or problematic alcohol or drug use and are in need of:

- a period of close observation and or intensive investigation and or intervention, where this is unable to be safely provided within a community setting or other inpatient service for children and youth, or
- when providing secure care is instructed by the Court.

The Service will promote and undertake a recovery focused approach to stabilise and alleviate symptoms, and transition Service Users to appropriate on-going care.

5.2 Māori Health

Refer to the tier two Youth Forensic Service Mental Health and Addiction Services service specification. As the majority of youth forensic Service Users are Māori, consideration should be given to using a kaupapa Māori service model – refer to the Kaupapa Māori Mental Health and Addiction service specification.

6. Service Users

The Service Users are eligible youth from the age of 10 years and up until the 18th birthday and beyond until the twentieth birthday if developmentally appropriate, who meet the entry criteria defined below.

7. Access

Refer to the tier two Youth Forensic Services service specification.

8. Service Components

8.1 Processes

Refer to the tier two Youth Forensic Services service specification. In addition the following processes apply but are not limited to:

- attention to education and vocational needs of the Service User
- discharge planning will include appropriate transitional arrangements to community care, support and educational or vocational options for the Service User
- ensuring the transport of all youth forensic Service Users to and from the in-patient unit are arranged (with Police, Child Youth and Family or Corrections) and informed by the

Guidelines for the Safe Transport of Special Patients and Special Care Recipients in the Care of Regional Forensic Mental Health Services. Staff from youth forensic services will escort Service Users while in transit.

8.2 Settings

The Service is provided in a general hospital setting or a forensic hospital setting that is age and developmentally appropriate for the Service User.

The settings and physical features of the Service will give effect to the United Nations Convention on the Rights of the Child (UNCROC) particularly with regard to the separation of services for children and youth from services for adults.

The Service will be compliant the Optional Protocol to the United Nations Convention against Torture (OPCAT) to which New Zealand is a signatory.

8.3 Key Inputs

The Service is provided by:

- a multi-disciplinary team of people with skills and experience in identifying and responding to the needs of young offenders affected by mental health and addiction disorders, including an appropriate balance of health professionals regulated by the Health Practitioners Competence Assurance Act 2003
- people regulated by a recognised health or social service professional body; people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means but are supervised by appropriately trained and regulated health professionals.

In addition, all staff will have an appropriate level of understanding of the legislative framework in which youth forensic services operate, as outlined in the tier two service specification.

8.4 Facility

Essential toiletries will be provided if such items are lacking on admission.

9. Service Linkages

Refer to the tier two Youth Forensic Services Mental Health and Addiction service specification.

10. Purchase Units and Reporting Requirements

10.1 Purchase Units

Purchase Units are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following Purchase Unit applies to this Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHIY88	Youth Forensic Inpatient Mental Health and Addiction Service	Service to provide secure inpatient level care for young offenders who are severely affected by with mental health disorders and or problematic alcohol or drug use and are in need of a period of close observation and or intensive investigation and or intervention, where this is unable to be safely provided within a community setting or other inpatient service for children and youth, or when providing secure care is instructed by the Court.	Available bed day

Unit of Measure	Unit of Measure Definition
Available bed day	Total number of inpatient beds that are available to be occupied during the period multiplied by the number of days they are available during that period. To be counted as available the bed must be resourced, and either empty or occupied by a user of this service.

10.2 Reporting

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Email: performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications² may be used for performance monitoring if specified as agreed with the Funder.

² Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section <https://www.tewhātuora.govt.nz/health-services-and-programmes/nationwide-service-framework-library/about-nationwide-service-specifications/mental-health-and-addiction-service-specifications>