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|  | **All District Health Boards** |
| **PERINATAL MENTAL HEALTH -****SPECIALIST COMMUNITY SERVICE****MENTAL HEALTH AND ADDICTION SERVICES****TIER THREE****SERVICE SPECIFICATION** |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | **NON-MANDATORY** |
| **Review History** | **Date** |
| First Published on NSFL | June 2010 |
| **Amended:** Removal of unapproved Purchase Unit MHMK90C. Minor editing for consistency. | February 2011 |
| **Amended:** clarified reporting requirements | February 2013 |
| **Amended:** updated reporting requirements | September 2014 |
| **Amended:** added MHM90S purchase unit code, removed standard provider monitoring reporting tables. | April 2017 |
| Consideration for next Service Specification Review | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz/>

**PERINATAL MENTAL HEALTH - SPECIALIST COMMUNITY SERVICE**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHM90A, MHM90B, MHM90C, MHM90D, MHM90E, MHM90F, MHM90S**

This tier three service specification for Perinatal Mental Health Specialist Community Service (the Service) must be used in conjunction with tier one Mental Health and Addiction Services and tier two Perinatal Mental Health service specifications. In addition, it is linked to a range of tier three Perinatal Mental Health service specifications.

The service specification defines perinatal mental health service specialist community team and its objectives in the delivery of the Service.

**1. Service Definition**

The Service is a community based mobile specialist perinatal mental health service that includes but is not limited to:

* specialist assessment and diagnosis of mother and infant mental health
* specialist treatment, care and support including attention to mother and infant relationship
* consultation, liaison and advisory function to other service providers regarding the mental wellbeing of mothers and infants
* shared care and joint planning with other health and social services and agencies in the care of the mother and her infant.

**2. Service Objectives**

**2.1 General**

The objective of the Service is to provide direct specialist perinatal mental health assessment, treatment, care and support in conjunction with other providers to meet the needs of the mother and her infant, in the context of her family and whānau and or other natural supports.

**2.2 Māori Health**

Refer to tier one Mental Health and Addiction Services service specification.

**3. Service Users**

The Service Users will be eligible women of any age who are pregnant, contemplating pregnancy or in the first year postpartum, and their infants.

**4. Access**

Access to the Service is via referral from the community mental health team.

**5. Service Components**

**5.1 Processes**

The processes include but are not limited to the following: assessment; treatment, intervention and support; shared care, review process; transitional planning, and discharge.

**5.2 Settings**

The Service is provided in community and home based settings.

**5.3 Key Inputs**

The Service is provided by staff with skills and experience in perinatal mental health and infants including intervention, treatment and support and knowledge of physical health care needs, made up of:

* health professional regulated by the Health Practitioners Competence Assurance Act 2003
* people regulated by a health or social service professional body
* people who support Service Users and are supervised by appropriately trained and regulated professionals.

**5.4. Pacific Health**

Refer to the tier one Mental Health and Addiction Services service specification.

**6. Service Linkages**

Linkages include, but are not limited to the following:

| **Service Provider** | **Nature of Linkage** | **Accountabilities** |
| --- | --- | --- |
| Other providers of Mental Health and addiction services and general health, primary care | Referral, liaison, consultation  | Work with other relevant professionals and agencies in the care of the mother and infant |
| Social service agencies such as MSD/CYF | Benefit entitlements and child protection | Work with other social agencies to enable mother and infant to access required supports. |

**7. Purchase Units and Reporting Requirements**

**7.1** Purchase Units (PU) codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to the Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure**  |
| --- | --- | --- | --- |
| MHM90A | Perinatal Mental Health -Specialist Community Services- Senior medical staff. | Service to provide direct specialist perinatal mental health care in conjunction with other providers to meet the needs of the mother and her infant in the context of her family and whanau and or other natural support. The service is provided by senior medical staff. | FTE |
| MHM90B | Perinatal Mental Health Specialist Community Service Junior medical staff  | Service to provide direct specialist perinatal mental health care in conjunction with other providers to meet the needs of the mother and her infant in the context of her family and whanau and or other natural support. The service is provided by junior medical staff. | FTE |
| MHM90C | Perinatal Mental Health Specialist Community Service Nurses & allied health  | Service to provide direct specialist perinatal mental health care in conjunction with other providers to meet the needs of the mother and her infant in the context of her family and whanau and or other natural support. The service is provided by nurses and allied health staff. | FTE |
| MHM90D | Perinatal Mental Health Specialist Community Service Non-clinical staff  | Service to provide direct specialist perinatal mental health care in conjunction with other providers to meet the needs of the mother and her infant in the context of her family and whanau and or other natural support. The service is provided by non-clinical staff. | FTE |
| MHM90E | Perinatal Mental Health Specialist Community Service Cultural staff  | Service to provide direct specialist perinatal mental health care in conjunction with other providers to meet the needs of the mother and her infant in the context of her family and whanau and or other natural support. The service is provided by cultural staff. | FTE |
| MHM90F | Perinatal Mental Health Specialist Community Service Peer Support Staff  | Service to provide direct specialist perinatal mental health care in conjunction with other providers to meet the needs of the mother and her infant in the context of her family and whanau and or other natural support. The service is provided by peer support staff. | FTE |
| MHM90S | Specialist Community Team – Perinatal Mental Health | Service to provide direct specialist perinatal mental health care in conjunction with other providers to meet the needs of the mother and her infant in the context of her family and whanau and or other natural support. | Service  |

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| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email performance\_reporting@moh.govt.nzThe Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)