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|  | **All District Health Boards** | |
| **PERINATAL MENTAL HEALTH INPATIENT SERVICE**  **MENTAL HEALTH AND ADDICTION SERVICES**  **TIER THREE**  **SERVICE SPECIFICATION** | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | **NON-MANDATORY** |
| **Review History** | | **Date** |
| First Published on NSFL | | **June 2010** |
| **Amended:** clarified reporting requirements, corrected consistency of the name of the specification | | **February 2013** |
| **Amended:** removed standard provider monitoring reporting tables. | | **April 2017** |
| Consideration for next Service Specification Review | | **Within five years** |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz/>

**PERINATAL MENTAL HEALTH- INPATIENT SERVICE**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHM89**

This tier three service specification for Perinatal Mental Health - Inpatient Service (the Service) must be used in conjunction with the tier two Perinatal Mental Health service specification and the tier one Mental Health and Addiction Services service specification. In addition, it is linked to a range of tier three Perinatal Mental Health service specifications.

The service specification defines perinatal mental health inpatient service and its objectives in the delivery of the service.

**1.** **Service Definition**

The Service is a hospital based inpatient specialist mental health service for mothers and infants that provides acute assessment, treatment and support.

The Service will be specific to the perinatal mental health needs of mother and infant and will include but not be limited to:

* focused active intervention, crisis intervention and prevention of the escalation or development of the individual’s illness
* delivery of an inpatient service in accordance with a comprehensive system of risk management within which least restrictive intervention strategies will be determined.

**2 Service Objectives**

**2.1 General**

The objectives of the Service will be to provide a hospital based inpatient specialist perinatal mental health assessment, treatment and support for the mother and infant in a designated area that is safe for both mother and infant. Maintaining the mother infant relationship during treatment of the severe mental health problems, is paramount.

**2.2 Māori Health**

Refer to tier one Mental Health and Addiction Services service specification.

**3. Service Users**

Refer to tier two Perinatal Mental Health Services service specification.

**4. Access**

**4.1 Entry and Exit Criteria**

Entry and exit criteria specific to this service are specific to local and regional agreements.

Mothers and their infants are likely to be assessed by the local Community Mental Health Service to access this specific service.

**5. Service Components**

**5.1 Processes**

Refer to the tier two Perinatal Mental Health Services service specification.

**5.2 Settings**

The Service is provided in general hospital based settings.

**5.3 Facility**

The setting must reflect a safe mother and infant environment with an ensuite room that is secure from inappropriate contact with other mental health Service Users.

Essential toiletries will be provided if such items are lacking on admission.

**5.4 Key Inputs**

Refer to the tier two Perinatal Mental Health Services service specification.

**5.5 Pacific Health**

Refer to the tier one Mental Health and Addiction Services service specification

**6. Service Linkages**

Refer to the tier two Perinatal Mental Health Services service specification.

Linkages include, but are not limited to the following:

| **Service Provider** | **Nature of Linkage** | **Accountabilities** |
| --- | --- | --- |
| Other providers of Perinatal Mental Health services. | Consultation, liaison and advice. | Communication and working with other Perinatal Mental health services promoting best practice in perinatal care. |
| Other providers of Mental Health and addiction services and general health. | Referral, liaison, consultation. | Work with other relevant professionals and agencies in the care of the mother and infant. |
| Lead Maternity Carer, General Practitioner, Nurse Practitioner, Well Child providers, Obstetrician.  Agencies such as Ministry of Social; Development - Child Youth and Family. | Discharge planning. | Work with other services particularly in discharge planning to ensure mother and infant are able to access the supports they need on discharge. |

**7****. Purchase Units and Reporting Requirements**

**7.1** Purchase Units (PU) codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following code applies to this Service:

|  |  |  |  |
| --- | --- | --- | --- |
| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| MHM89 | Perinatal Mental Health Inpatient Service | Hospital based specialist mental health inpatient mother and infant service providing acute assessment, treatment and support. | Available bed day |

|  |  |
| --- | --- |
| **Unit of Measure** | **Unit of Measure Definition** |
| Available bed day | Total number of inpatient beds that are available to be occupied during the period multiplied by the number of days they are available during that period. To be counted as available the bed must be resourced, and either empty or occupied by a user of this service. |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)