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|  | **All District Health Boards** | |
| **PERINATAL MENTAL HEALTH SERVICES –**  **INFANT MENTAL HEALTH SERVICE**  **MENTAL HEALTH AND ADDICTION SERVICES**  **TIER THREE**  **SERVICE SPECIFICATION** | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | NON-MANDATORY |
| **Review History** | | **Date** |
| First Published on NSFL | | June 2010 |
| **Amended:** clarified reporting requirements. | | February 2013 |
| **Amended:** updated reporting requirements. | | September 2014 |
| **Amended:** added MHIM92S purchase unit code, removed standard provider monitoring reporting tables. | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz/>.

**PERINATAL MENTAL HEALTH SERVICES - INFANT MENTAL HEALTH SERVICE**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHIM92A, MHIM92B, MHIM92C, MHI92D, MHIM92E, MHIM92S**

This tier three service specification for Perinatal Mental Health Services - Infant Mental Health Service (the Service) must be used in conjunction with the following service specifications: tier one Mental Health and Addiction Services, tier two Perinatal Mental Health Services, and tier two Infant Child Adolescent and Youth and service specifications. In addition, it is linked to a range of tier three Perinatal Mental Health service specifications and tier three Infant, Child, Adolescent and Youth Services service specifications.

The service specification defines the infant mental health service and its objectives in the delivery of the Service.

**1. Service Definition**

This community based mental health service for infants within the context of their family and whanau works in partnership with other health and social services agencies and provides:

* comprehensive assessment services
* identification of factors contributing to mental unwellness
* behavioural and psychotherapeutic treatment services
* consultation and liaison to other health and social services.

The Service is designed to support mental wellbeing[[1]](#footnote-1) as:

* the developing capacity of the child to experience, regulate and express emotion
* the ability to form close, secure relationships
* the capacity to explore his/her environment and learn
* the ongoing social-emotional and behavioural well-being of the infant, toddler and young child and his/her “family.”

**2. Service Objectives**

**2.1 General**

The objective of the Service is to provide specific mental health assessment and treatment that is focused on the mental health needs of the infant within the context of family and whānau.

The Service should be provided where there is concern regarding moderate to severe behavioural, emotional or family and whānau relationship problems impacting adversely on the social and emotional development of the infant.

Appropriate assessment and treatment for the infant will alleviate adverse impacts and support their social and emotional development.

**2.2 Māori Health**

Refer to tier two Perinatal Mental Health Service, service specification.

**3. Service Users**

The Service Users will be eligible infants from birth to 3 years old, up to their 4th birthday who have social and emotional development problems associated with severe behavioural, emotional or relationship factors.

**4. Access**

Refer to tier two Perinatal Mental Health Service, service specification. Access to the Service will be via triaged referral from community mental health teams, Perinatal Mental Health, general health services and primary health care.

**5. Service Components**

**5.1 Processes**

Refer to tier two Perinatal Mental Health Service, service specification. In addition, the processes include assessment of the infant (including relationship with the mother) in context of family and whānau.

**5.2 Settings**

The Service is provided in community and hospital based settings, cognisant of the importance of co-location with appropriate services such as perinatal services or Infant Child Adolescent Mental Health Service.

**5.3 Key Inputs**

Refer to the tier two Perinatal Mental Health Services service specification.

The Service is provided by: a staff with skills and expertise in infant mental health intervention, treatment and support.

**5.4. Pacific Health**

Refer to the tier one Mental Health and Addiction service specification.

**6. Service Linkages**

Linkages include, but are not limited to the following:

| **Service Provider** | **Nature of Linkage** | **Accountabilities** |
| --- | --- | --- |
| Other providers of Mental Health and addiction services and general health- paediatrics, Well Child providers, General Practitioners and Nurse Practitioners, Lead Maternity Carers, iwi and Pacific providers | Referral, liaison, consultation  shared care | Work with other relevant professionals and agencies in the care of the infant(s) |
| Social agencies such as Ministry of Social Development - Child, Youth and Family | Referral, liaison  Consultation | Communicate and work with other agencies in the care of the mother and infant |

**7. Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) Codes are defined in the joint DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHIM92A | Perinatal – Infant Mental Health Service – Senior medical staff | Service to ensure that specific mental health expertise is available and directed to infants (0 to 3 years old i.e., to fourth birthday) and families and whanau where there is a concern of a moderate to severe behavioural, emotional or family and whanau relationship problem impacting adversely on the social and emotional development of the infant. The service is provided in a community or hospital setting by senior medical staff. | FTE |
| MHIM92B | Perinatal – Infant Mental Health Service – Junior medical staff | Service to ensure that specific mental health expertise is available and directed to infants (0 to 3 years old i.e., to fourth birthday) and families and whanau where there is a concern of a moderate to severe behavioural, emotional or family and whanau relationship problem impacting adversely on the social and emotional development of the infant. The service is provided in a community or hospital setting by junior medical staff. | FTE |
| MHIM92C | Perinatal – Infant Mental Health Service – Nurses & allied health | Service to ensure that specific mental health expertise is available and directed to infants (0 to 3 years old i.e., to fourth birthday) and families and whanau where there is a concern of a moderate to severe behavioural, emotional or family and whanau relationship problem impacting adversely on the social and emotional development of the infant. The service is provided in a community or hospital setting by nurses and allied health staff. | FTE |
| MHIM92D | Perinatal – Infant Mental Health Service – Non-clinical staff | Service to ensure that specific mental health expertise is available and directed to infants (0 to 3 years old i.e., to fourth birthday) and families and whanau where there is a concern of a moderate to severe behavioural, emotional or family and whanau relationship problem impacting adversely on the social and emotional development of the infant. The service is provided in a community or hospital setting by non-clinical staff. | FTE |
| MHIM92E | Perinatal – Infant Mental Health Service – Cultural staff | Service to ensure that specific mental health expertise is available and directed to infants (0 to 3 years old i.e., to fourth birthday) and families and whanau where there is a concern of a moderate to severe behavioural, emotional or family and whanau relationship problem impacting adversely on the social and emotional development of the infant. The service is provided in a community or hospital setting by cultural staff. | FTE |
| MHIM92S | Perinatal – Infant Mental Health Service | Service to ensure that specific mental health expertise is available and directed to infants (0 to 3 years old i.e., to fourth birthday) and families and whanau where there is a concern of a moderate to severe behavioural, emotional or family and whanau relationship problem impacting adversely on the social and emotional development of the infant. The service is provided in a community or hospital setting. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[2]](#footnote-2) may be used for performance monitoring if specified as agreed with the Funder.

1. The Zero to Three (2002) [↑](#footnote-ref-1)
2. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-2)