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|  | All District Health Boards | |
| **MENTAL HEALTH OF OLDER PEOPLE SERVICES -**  **SPECIALIST COMMUNITY SERVICE**  **MENTAL HEALTH AND ADDICTION SERVICES**  **TIER THREE**  **SERVICE SPECIFICATION** | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | **NON-MANDATORY** |
| **Review History** | | **Date** |
| First Published on NSFL | | June 2010 |
| **Amended:** clarified reporting requirements, completed PU table. Corrected title, edited for consistency | | March 2013 |
| **Amended:** added MHO99S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz/>

**MENTAL HEALTH OF OLDER PEOPLE SERVICES –**

**SPECIALIST COMMUNITY SERVICE**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHO99A, MHO99B, MHO99C, MHO99D, MHO99E, MHO99F, MHO99S**

This tier three service specification for the Mental Health of Older People Services Specialist Community Service (the Service) must be used in conjunction with the tier one Mental Health and Addiction and tier two Mental Health of Older People service specifications. In addition, it is linked to a range of tier three Mental Health of Older People service specifications.

This service specification defines Mental Health of Older People Services Specialist Community Service and its objectives in the delivery of services.

**1.** **Service Definition**

This Service is a multi-disciplinary Specialist mental health community based service to meet the mental health needs of older people. Ideally the service will be co-located and, where practicable, integrated with other services for older people. The Service will include but will not be limited to:

* specific assessments, interventions, (pharmacological and non-pharmacological) treatments and supports that focus on the presenting mental health disorder/s and disorders of ageing. They are also cognisant of the physical, and psycho-social impacts of ageing, and how these impacts affect older people and their family, whānau and relevant carers
* the development of comprehensive care plans in collaboration with the older person Service User, their family, whānau and relevant carers, and linking in with other health and social agencies, including the primary health care provider
* coordination of and access to a range of age appropriate services according to the assessed needs of the older person and their family, whānau and relevant carers
* consultation and liaison, including telephone consultation, to other general health and disability support services and primary health care providers, regarding older people with mental health, addiction, and serious Behavioural and Psychological Symptoms of Dementia (BPSD). This consultation and liaison function will enhance this service’s referral and discharge processes.

**2. Service Objectives**

**2.1 General**

The objective of this Service is to provide a Specialist community based assessment, treatment and therapy service for older people with mental health disorders, that promotes early diagnosis and the delivery of appropriate interventions, treatments and supports, to alleviate symptoms, maximise wellness and improve the quality of life of the older person, thereby preventing the need for more dependent levels of care and support.

**2.2 Māori Health**

Refer to tier one Mental Health and Addiction service specification and tier two Kaupapa Māori Mental Health and Addiction service specification.

Services for older Māori should use age appropriate Kaumatua and Kuia to assist with the assessment, treatment and discharge planning processes. Refer to the following tier three service specifications for Kaupapa Maori specific services:

* Kaupapa Māori Packages of Care
* Kaupapa Māori Community Based Clinical and Support Services
* Kaupapa Whanau Ora Worker
* Kaumatua Roles
* Kaupapa Māori Consultation, Liaison and Advisory Services.

**3. Service Users**

Refer to the tier two Mental Health of Older People Services service specification.

The Service Users will be eligible people usually over the age of 65 years with some flexibility according to assessed needs. They are likely to be experiencing a higher level of complexity of their mental health disorder that now requires Specialist expertise.

**4. Access**

Referrals to access this service may be from any source including from primary practitioners, family, carers, community members, and inpatient services. A triage process of referrals received will occur consistent with local DHB protocols. .

**5. Service Components**

**5.1 Processes**

Refer to the tier two Mental Health of Older People service specifications.

The emphasis for this service is Specialist assessment and interventions to improve the older person’s mental health, while supporting their functioning in their own home environment, which may be an aged residential setting.

**5.2 Settings**

The Service is provided in community settings such as a community clinic, primary health care centre, people’s homes, and aged residential care facility.

**5.3 Key Inputs**

Refer to the tier two Mental Health of Older People service specifications.

**5.4. Pacific Health**

Refer to tier one Mental Health and Addiction service specification and tier two Pacific Mental Health and Addiction service specification. Services for older Pacific people should use age appropriate Matua to assist with the assessment, treatment and discharge planning. Refer to the following specific Pacific tier three service specifications:

* Community Mental Health and Addiction Services for Pacific People
* Matua – Senior Cultural Advisory Service
* Pacific Cultural Navigator Service
* Specialised Pacific Family Advisory Service.

**6. Service Linkages**

Linkages include, but are not limited to the following:

| **Service Provider** | **Nature of Linkage** | **Accountabilities** |
| --- | --- | --- |
| Other providers of Mental Health and addiction services and general health  General medical, gerontology  Primary health care services  Aged Residential care providers | Referral, liaison, consultation | Work with other relevant professionals and agencies in the care of the Service User  Support effective transfer of Service Users from one service to another |

**7.** **Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following coded apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHO99A | Mental Health of Older People – Specialist Community Service – Senior medical staff | Multi-disciplinary specialist mental health community based service to provide a recovery focused and quality of life oriented specialist community based assessment, treatment and therapy service for older people with mental health disorders that is accessible, and co-ordinated. The service is provided by senior medical staff, a component of the multidisciplinary team. | FTE |
| MHO99B | Mental Health of Older People – Specialist Community Service – Junior medical staff | Multi-disciplinary specialist mental health community based service to provide a recovery focused and quality of life oriented specialist community based assessment, treatment and therapy service for older people with mental health disorders that is accessible, and co-ordinated. The service is provided by junior medical staff, a component of the multidisciplinary team. | FTE |
| MHO99C | Mental Health of Older People - Specialist Community Service – Nurses & allied health | Multi-disciplinary specialist mental health community based service to provide a recovery focused and quality of life oriented specialist community based assessment, treatment and therapy service for older people with mental health disorders that is accessible, and co-ordinated. The service is provided by nurses and allied health staff, a component of the multidisciplinary team. | FTE |
| MHO99D | Mental Health of Older People – Specialist Community Service – Non-clinical staff | Multi-disciplinary specialist mental health community based service to provide a recovery focused and quality of life oriented specialist community based assessment, treatment and therapy service for older people with mental health disorders that is accessible, and co-ordinated. The service is provided by non-clinical staff, a component of the multidisciplinary team. | FTE |
| MHO99E | Mental Health of Older People – Specialist Community Service – Cultural staff | Multi-disciplinary specialist mental health community based service to provide a recovery focused and quality of life oriented specialist community based assessment, treatment and therapy service for older people with mental health disorders that is accessible, and co-ordinated. The service is provided by cultural staff, a component of the multidisciplinary team. | FTE |
| MHO99F | Mental Health of Older People – Specialist Community Service – Peer support | Multi-disciplinary specialist mental health community based service to provide a recovery focused and quality of life oriented specialist community based assessment, treatment and therapy service for older people with mental health disorders that is accessible, and co-ordinated. The service is provided by peer support staff, a component of the multidisciplinary team. | FTE |
| MHO99S | Mental Health of Older People – Specialist Community Service | Multi-disciplinary specialist mental health community based service to provide a recovery focused and quality of life oriented specialist community based assessment, treatment and therapy service for older people with mental health disorders that is accessible, and co-ordinated. The service is provided by a multidisciplinary team. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)