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|  | All District Health Boards | |
| MENTAL HEALTH OF OLDER PEOPLE SERVICES - SUB-ACUTE / EXTENDED CARE SERVICE **MENTAL HEALTH AND ADDICTION SERVICES** Service SpecificationTier THREE | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | **NON-MANDATORY** |
| Review History | | Date |
| Published on NSFL | | June 2010 |
| **Amendments:** clarified reporting requirements, completed PU table. Corrected title, edited for consistency | | March 2013 |
| **Amendments:** added MHO100S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz/>

**MENTAL HEALTH OF OLDER PEOPLE SERVICES –**

**SUB-ACUTE / EXTENDED CARE SERVICE**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHO100, MHO100C, MHO100D, MHO100E, MHO100S**

This tier three service specification for Mental Health of Older People Services - Sub-Acute/ Extended Care Service (the Service) must be used in conjunction with tier one Mental Health and Addiction Services and tier two Mental Health of Older People Services service specifications. In addition, it is linked to a range of tier three Mental Health of Older People Services service specifications.

This service specification defines the Mental Health of Older People Services - Sub-Acute/Extended Care Service and its objectives in the delivery of the Service.

**1. Service Definition**

This is a community-based service providing rehabilitation and sub-acute care for older people with complex mental health disorders who may also present with physical health co-morbidities and high support needs. This Service is for older people that do not require acute inpatient care but due to a level of complexity and or a lack of independence, do require a level of care before returning to their own home which may be an aged residential care facility.

The Service will provide 24 hour mental health focused care and treatment with accommodation, using a rehabilitation and restorative model which is strengths-based, person-centred, and environmentally, developmentally and culturally appropriate for older people.

The focus will be on recovery and the restoration of optimal functioning, independence, mental and physical health status and quality of life for each individual, increasing the Service user’s ability to:

* manage their own illness
* achieve life goals
* develop positive relationships
* develop problem-solving skills,

in order to transition to a more independent level of care, which may be their own home or an aged residential care facility, within a six month timeframe. This transition will be detailed in a service user plan inclusive of goal setting.

The Service will provide Service users with rehabilitation support related to community living and self-management of their problems. The Service will provide the support and access to other health and social agencies that are required to regain /gain skills in household duties, personal care, and accessing community activities, health, and welfare services as required.

**2. Service Objectives**

**2.1 General**

The objective of the Service is to facilitate early discharge from an acute inpatient service and to prevent re-admission to an acute inpatient service, following a period of inpatient care for those older people in the sub-acute phase of a mental illness.

**2.2 Māori Health**

Refer to the tier one Mental Health and Addiction Services service specification and tier two Mental Health of Older People and tier two Kaupapa Māori Mental Health and Addiction Services service specifications.

**3. Service Users**

Refer to the tier two Mental Health of Older People service specifications.

**4. Access**

Refer to the tier two Mental Health of Older People service specifications.

**5. Service Components**

**5.1 Processes**

Refer to the tier two Mental Health of Older People service specifications.

**5.2 Settings**

This Service is provided in community based settings.

**5.3 Key Inputs**

Refer to the tier two Mental Health of Older People service specification.

Staff will have experience and skills in working with older people.

**5.4 Pacific Health**

Refer to the tier two Mental Health of Older People service specification.

**6. Service Linkages**

Linkages include, but are not limited to the following:

| **Service Provider** | **Nature of Linkage** | **Accountabilities** |
| --- | --- | --- |
| Other providers of Mental Health and addiction services, general health, gerontology, primary health care services, Aged Residential Care providers | Referral, liaison, consultation and collaboration | Work with other relevant professionals and agencies in the care of the service user  Support effective transfer of service users from one service to another |

**7. Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHO100 | Mental Health of Older People – Sub-Acute Extended Care | Community service to maximise independence, support ageing of older people in place and optimize treatment of illness and other conditions by providing 24 hour individualised and person centred mental health intensive treatment, rehabilitation, review. Also support in the community following a period of inpatient admission thereby preventing re-admission or facilitating early discharge for those in sub-acute phases of mental illness and recovery. | Available bed day |
| MHO100C | Mental Health of Older People Sub- Acute Extended Care – Nurses & allied health | Community service to maximise independence, support ageing of older people in place and optimize treatment of illness and other conditions by providing 24 hour individualised and person centred mental health intensive treatment, rehabilitation, review. Also support in the community following a period of inpatient admission thereby preventing re-admission or facilitating early discharge for those in sub-acute phases of mental illness and recovery. The service is provided by nurses and allied health staff a component of a multidisciplinary team. | FTE |
| MHO100D | Mental Health of Older People Sub- Acute Extended Care Non-clinical staff | Community service to maximise independence, support ageing of older people in place and optimize treatment of illness and other conditions by providing 24 hour individualised and person centred mental health intensive treatment, rehabilitation, review. Also support in the community following a period of inpatient admission thereby preventing re-admission or facilitating early discharge for those in sub-acute phases of mental illness and recovery. The service is provided by non-clinical staff, a component of a multidisciplinary team. | FTE |
| MHO100E | Mental Health of Older People – Sub-Acute Extended Care – Cultural staff component | Community service to maximise independence, support ageing of older people in place and optimize treatment of illness and other conditions by providing 24 hour individualised and person centred mental health intensive treatment, rehabilitation, review. Also support in the community following a period of inpatient admission thereby preventing re-admission or facilitating early discharge for those in sub-acute phases of mental illness and recovery. The service is provided by cultural staff, a component of a multidisciplinary team. | FTE |
| MHO100S | Mental Health of Older People Sub- Acute Extended Care | Community service to maximise independence, support ageing of older people in place and optimize treatment of illness and other conditions by providing 24 hour individualised and person centred mental health intensive treatment, rehabilitation, review. Also support in the community following a period of inpatient admission thereby preventing re-admission or facilitating early discharge for those in sub-acute phases of mental illness and recovery. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| Available bed day | Total number of inpatient beds that are available to be occupied during the period multiplied by the number of days they are available during that period. To be counted as available the bed must be resourced, and either empty or occupied by a user of this service. |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)