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|  | **All District Health Boards** | |
| KAUPAPA MĀORI MENTAL HEALTH SERVICES -  KAUPAPA MĀORI PACKAGE OF CARE-  MENTAL HEALTH AND ADDICTION SERVICES  **TIER THREE**  **SERVICE SPECIFICATION** | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | **NON-MANDATORY** |
| **Review History** | | **Date** |
| First Published on NSFL | | January 2010 |
| **Amended:** clarified reporting requirements | | March 2013 |
| **Amended**: added MHK58S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz/>

**KAUPAPA MĀORI MENTAL HEALTH SERVICES-**

**KAUPAPA MĀORI PACKAGE OF CARE**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHK58, MHK58C, MHK58D, MHK58E, MHK58S**

This tier three service specification for Kaupapa Māori Package of Care (the Service) must be used in conjunction with tier one Mental Health and Addiction Services and tier two Kaupapa Māori Mental Health and Addiction service specifications.

**1. Service Definition**

The Service will have a Kaupapa Māori philosophy, recognising that culture can be a platform for promoting recovery and maintaining wellness. Packages of care will be highly responsive and flexible solutions for tāngata whaiora to enable them to live compatibly in an environment of their choice with appropriate supports.

The basic model is wrap-around care, reflecting a holistic approach; this involves the use of community based supports that seek to prevent the need for more restrictive or acute levels of care. The Service is tailored to meet the specific needs of tāngata whaiora in collaboration with their whānau and clinical services. Tāngata whaiora with complex needs as a result of co-morbidities are also included.

Services and support are to be focussed and coordinated and responsive to their changing needs over time. This model seeks to provide a comprehensive yet integrated array of support and clinical services, but works to maximise the strengths of tāngata whaiora, their whānau, other natural supports including their community.

The goal of the Service is to enhance people’s skills, and provide the support that will strengthen their identity and knowledge of tikanga Māori to enhance their quality of life, and achieve maximum wellness in community living without undue reliance on professional support.

Flexibility in the Service delivery is a core feature of a recovery-focused approach.

The components of a wrap-around package include:

* a low tāngata whaiora-clinician ratio
* assessing the person’s ability and needs to determine the required services and or supports and appropriate service components
* conscious of the safety needs of the tāngata whaiora and the community, including staff, reflecting that some tāngata whaiora may present a risk of suicide, self-harm or danger to others
* wrapping the required and appropriate supports around the tāngata whaiora (in the case of home based support, providing the level of support required within the tāngata whaiora home environment)
* enhancing the ability of tāngata whaiora to manage their own illness
* enhancing the ability of tāngata whaiora to map, process, activate and achieve life goals
* enhancing the ability of tāngata whaiora to develop a positive view of self, problem solving skills, and meaningful relationships with whānau and other people
* providing access to therapeutic interventions such as psychological and counselling services as appropriate
* staff working flexibly across the service in response to tāngata whaiora needs, providing support when it is needed, and withdrawing it when this option is the best means of supporting recovery for example referral on to services who provide lower levels of support.

**2. Service Objectives**

**2.1 General**

To provide flexible packages of support, for tāngata whaiora with serious mental health and/or addiction problems and significant support needs, this will assist them, and their whānau, in their journey towards recovery.

A plan will be developed to support the individual to transition from the package of care to a level of support less intensive than provided with the package. The plan will set out specific plans and goals linked to the recovery oriented programme provided by the service. The plan will be reviewed three monthly with a formal in-depth review to occur at least six monthly.

Plans will aim to:

* meet individual needs identified through a cultural assessment
* provide wairuatanga / spiritual sustenance
* assist whakawhanaungatanga / reintegration into the community
* maintain cultural links particularly with own papakainga / marae and Māori linkages
* provide access to learning and experiences of Māori culture
* maintain and strengthen whānau links
* educate tāngata whaiora and their whānau about illness, symptoms and the management of symptoms.

There will be responsibility for regularly monitoring and documenting progress and for reviewing and updating the package when appropriate, taking into account tāngata whaiora, whānau and clinical perspectives.

**2.2 Māori Health**

Refer to tier two Kaupapa Māori Mental Health Services and tier one Mental Health and Addiction Services service specifications

**3. Service Users**

The Service is specifically developed for Māori but not exclusive to Māori.

**4. Access**

**4.1 Entry and Exit Criteria**

Access to the Services will be according to local DHB policy and protocols which maybe via the local community mental health service and Needs Assessment and Service Coordination services.

**5. Service Components**

**5.1 Processes**

The Service processes include but are not limited to the following: engagement; assessment including cultural assessment; diagnosis; treatment; rehabilitation; case management; consultation; liaison; support; review process; and discharge.

**5.2 Settings**

The Service may be provided in community including marae and home based settings.

**5.3 Key Inputs**

A multi-disciplinary team of people with skills and experience in mental health and/or addiction intervention, treatment and support, made up of:

* health professionals regulated by the Health Professionals Competency Act 2003
* people regulated by a health or social service professional body
* people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

The workforce will be predominantly Māori with understanding and lived experience of the Māori culture.

**6. Service Linkages**

Linkages include, but are not limited to the following:

| **Service Provider** | **Nature of Linkage** | **Accountabilities** |
| --- | --- | --- |
| Providers of specialist clinical services | Collaborative practices | Work collaboratively with specialist clinical service providers to ensure tāngata whaiora clinical needs are met |

**7.** **Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHK58 | Kaupapa - Māori package of care | Packages of support, for tāngata whaiora with serious mental health and/or addiction problems and significant support needs. This will assist them, and their whānau, in their journey towards recovery. | Client |
| MHK58C | Kaupapa - Māori package of care - Nurses & allied health | Packages of support, for tāngata whaiora with serious mental health and/or addiction problems and significant support needs. This will assist them, and their whānau, in their journey towards recovery. The service is provided by nurses and/or allied health staff. | FTE |
| MHK58D | Kaupapa - Māori package of care - Non-clinical | Packages of support, for tāngata whaiora with serious mental health and/or addiction problems and significant support needs. This will assist them, and their whānau, in their journey towards recovery. The service is provided by non-clinical staff. | FTE |
| MHK58E | Kaupapa - Māori package of care - Cultural | Packages of support, for tāngata whaiora with serious mental health and/or addiction problems and significant support needs. This will assist them, and their whānau, in their journey towards recovery. The service is provided by cultural staff. | FTE |
| MHK58S | Kaupapa - Māori package of care | Packages of support, for tāngata whaiora with serious mental health and/or addiction problems and significant support needs. This will assist them, and their whānau, in their journey towards recovery. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| Client | Number of clients managed by the service in the reporting period (period is annual 1st July - 30th June) i.e. caseload at the beginning of the period plus all new cases in the period 'Client' and 'Service user' are interchangeable. |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)