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|  | **All District Health Boards** |

**EATING DISORDER SERVICES –**

**SPECIALIST EATING DISORDERS SERVICE**

**(WITH ACCOMMODATION)**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE**

**SERVICE SPECIFICATION**

|  |  |
| --- | --- |
| STATUS: These service specifications may be amended to meet local agreement needs. | NON-MANDATORY |
| Review history | Date |
| First Published on NSF Library | June 2009 |
| **Amended**: clarified reporting requirements added Purchase unit code MHE32. | March 2013 |
| **Amended:** added MHE32S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | April 2017 |
| Consideration for next Service Specification Review | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz>

**EATING DISORDER SERVICES –**

**SPECIALIST EATING DISORDERS SERVICE (WITH ACCOMMODATION)**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHE32, MHE32A, MHE32B, MHE32C, MHE32D, MHE32E, MHE32S**

This tier three service specification for Specialist Eating Disorders Service (with accommodation) (the Service) is linked to tier one Mental Health and Addiction Services and tier two Eating Disorder service specifications.

**1. Service Definition**

The Service provides recovery-orientated accommodation and treatment for people with an eating disorder. This is a 24-hour service and will include appropriate assessment, monitoring, treatment and support. This service specification should be used for people aged 15 years and older.

The Service may be used as planned respite, an alternative to acute admission or as a step down from inpatient care. It is likely that people will stay in this service for a period of weeks/months.

**2. Service Objectives**

**2.1 General**

The Service will be part of, or closely aligned with, a clinical eating disorder service and hospital inpatient facilities. The Service will include:

* 24-hour residential accommodation in an age-appropriate home-like setting
* 24-hour staffing with on-call clinical staff
* transfer to and from hospital inpatient services
* supported and/or supervised meals
* treatment and relapse prevention planning
* close monitoring of physical and mental wellbeing
* engagement with family/whanau
* transition planning.

The Service will provide a day programme that will include:

* group and/or individual based treatment and therapy involving family/whānau where appropriate
* supported and/or supervised meals.

**2.2 Māori Health**

Refer to the tier one Mental Health and Addiction Services service specification.

**3. Service Users**

The Service Users include eligible people of any age.

**4. Access**

**4.1 Entry and Exit Criteria**

Access to the Service will be by referral from a clinical outpatient eating disorder service, inpatient services or, where appropriate, community mental health team or primary health services.

**5. Service Components**

**5.1 Processes**

The processes include but are not limited to: assessment; treatment, intervention and support; review; discharge; consultation and liaison.

**5.2 Settings**

The Service is provided in a community based setting.

The treatment needs are different for adolescents and adults. Separation between adolescents and adults in both treatment and accommodation is recommended. This could occur in the same facility or in separate facilities.

**5.3 Key Inputs**

The Service is provided by people with skills and experience in eating disorder intervention, treatment and support, and who belong in one of the following categories:

* health professionals regulated by the Health Practitioners Competence Assurance Act 2003
* people regulated by a health or social service professional body
* people who interact with Service users and who are not subjected to regulatory requirements under legislation or by any other means.

**6. Service Linkages**

Linkages include, but are not limited to the following:

| **Service Provider** | **Nature of Linkage** | **Accountabilities** |
| --- | --- | --- |
| Clinical outpatient, inpatient and, other eating disorders service and primary care. | Referral pathways for referring on and receiving Service Users | Service Users will be transitioned in to other services within the continuum to support their needs appropriately |

**7. Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHE32 | Specialist eating disorders residential service | A 24-hour service to provide recovery-orientated accommodation and treatment for people aged 15 years and older with an eating disorder. | Occupied bed day |
| MHE32A | Specialist eating disorders residential service - Senior medical staff | A 24-hour service to provide recovery-orientated accommodation and treatment for people aged 15 years and older with an eating disorder. The service is provided by senior medical staff with skills and experience in eating disorder intervention, treatment and support. | FTE |
| MHE32B | Specialist eating disorders residential Service - Junior medical staff | A 24-hour service to provide recovery-orientated accommodation and treatment for people aged 15 years and older with an eating disorder. The service is provided by junior medical staff with skills and experience in eating disorder intervention, treatment and support. | FTE |
| MHE32C | Specialist eating disorders residential service – Nursing and/or allied health staff | A 24-hour service to provide recovery-orientated accommodation and treatment for people aged 15 years and older with an eating disorder. The service is provided by nurses and/or other allied health staff with skills and experience in eating disorder intervention, treatment and support. | FTE |
| MHE32D | Specialist eating disorders residential service - Non-Clinical staff | A 24-hour service to provide recovery-orientated accommodation and treatment for people aged 15 years and older with an eating disorder. The service is provided by non-clinical support staff with skills and experience in eating disorder intervention, treatment and support | FTE |
| MHE32E | Specialist eating disorders residential service - Cultural staff | A 24-hour service to provide recovery-orientated accommodation and treatment for people aged 15 years and older with an eating disorder. The service is provided by cultural support staff. | FTE |
| MHE32S | Specialist eating disorders residential service | A 24-hour service to provide recovery-orientated accommodation and treatment for people aged 15 years and older with an eating disorder. | Service |

| **Unit of Measure** | **Unit of Measure definition** |
| --- | --- |
| Occupied bed day | Total number of beds that are occupied each day over a designated period. For reporting purposes, count beds occupied as at 12 midnight of each day. Leave days, when the bed is not occupied at midnight are not counted. Counting formula is discharge date less admission date less leave days. |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)