

Mental Health and Addiction Services
Eating Disorders District
Liaison Service

Tier 3

November 2024

Contents

1. Status	2
2. Review History	2
3. Introduction	3
4. Service Definition	3
5. Service Objectives	3
5.1 General.....	3
5.2 Māori Health	3
6. Service Users	4
7. Access	4
7.1 Entry and Exit Criteria.....	4
8. Service Components.....	4
8.1 Processes.....	4
8.2 Settings	4
8.3 Key Inputs	4
9. Service Linkages.....	4
10. Purchase Units and Reporting Requirements	5
10.1 Purchase Units	5
10.2 Reporting.....	6

1. Status

These service specifications may be amended to meet local agreement needs.

MANDATORY RECOMMENDED

2. Review History

Review History	Date
First Published on NSF Library	June 2009
Amended: clarified reporting requirements	March 2013
Amended: added MHE31S purchase unit code, removed standard provider monitoring reporting tables. Minor editing.	July 2016
Consideration for next Service Specification Review	Within five years
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024

Note: In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

<p style="text-align: center;">EATING DISORDER SERVICES - District LIAISON SERVICE MENTAL HEALTH AND ADDICTION SERVICES TIER THREE SERVICE SPECIFICATION MHE31A, MHE31B, MHE31C, MHE31S</p>

This tier three service specification for Eating Disorders District Liaison Service (the Service) is linked to tier one Mental Health and Addiction Services service specification and tier two Eating Disorders service specification.

4. Service Definition

The Service supports staff working to treat eating disorders in their District area, including staff in primary services. The Service also acts as a liaison on behalf of the local District Community Mental Health Team with the lead District specialist eating disorder provider.

This Service is only for Districts when there is no specialist clinical eating disorder service (ie, this is for spoke Districts in the hub and spoke model).

5. Service Objectives

5.1 General

The Service is likely to be based in the Community Mental Health Team of a District, and will include responsibility for eating disorders services within that District. The District liaison service will:

- facilitate clear communication between the District and eating disorders services, and between Districts
- be the key District linkage between primary and secondary services, particularly in providing general practitioners and other primary care practitioners with advice, support and assistance with referrals and with supporting family/whānau
- advise, guide and support staff in primary care services
- assist with the supervision and professional development of staff involved in providing eating disorders services in their District
- be involved in referrals and transitions of Service Users to and from medical and psychiatric settings
- provide liaison/advice/input to medical and psychiatric services treating those with eating disorders
- receive support and education from tertiary eating disorders services.

5.2 Māori Health

Refer to the tier one Mental Health and Addiction Services service specification.

6. Service Users

The Service Users will be others within the district, both District and Primary Care Providers requiring advice and support with the management of Eating disorders Service Users.

7. Access

7.1 Entry and Exit Criteria

This Service will be accessible to primary care and District workers, supporting those Service Users who experience anorexia, bulimia and EDNOS, and their family/whānau and carers.

8. Service Components

8.1 Processes

The processes include but are not limited to consultation and liaison.

8.2 Settings

The Service is provided in a community based or hospital setting.

8.3 Key Inputs

The Service is provided by Health professionals appropriately trained in the field of eating disorders regulated by the Health Practitioners Competence Assurance Act 2003.

9. Service Linkages

Linkages include, but are not limited to the following:

Service Provider	Nature of Linkage	Accountabilities
Primary and Secondary Services	Consultation/liaison	Providing General Practitioners, other primary health care practitioners and District staff with advice, support and assistance with referrals and with supporting Service Users, family/whānau.

10. Purchase Units and Reporting Requirements

10.1 Purchase Units

Purchase Unit (PU) Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHE31A	Eating disorders District liaison - Senior medical staff	A liaison role based in the Community Mental Health Team of a District, provided by senior medical staff to support primary care workers working to treat eating disorders (Anorexia, Bulimia and EDNOS). The service is only for District's when there is no specialist clinical eating disorder service.	FTE
MHE31B	Eating disorders District liaison - Junior medical staff	A liaison role based in the Community Mental Health Team of a District, provided by junior medical staff to support primary care workers working to treat eating disorders (Anorexia, Bulimia and EDNOS). The service is only for District's when there is no specialist clinical eating disorder service.	FTE
MHE31C	Eating disorders District liaison – Nursing and/or allied health staff	A liaison role based in the Community Mental Health Team of a District, provided by nurses and/or allied health staff to support primary care workers working to treat eating disorders (Anorexia, Bulimia and EDNOS). The service is only for District's when there is no specialist clinical eating disorder service.	FTE
MHE31S	Eating disorders District liaison	A liaison role based in the Community Mental Health Team of a District, to support primary care workers working to treat eating disorders (Anorexia, Bulimia and EDNOS). The service is only for Districts where there is no specialist clinical eating disorder service.	Service

Unit of Measure	Unit of Measure Definition
FTE	Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team.
Service	Service purchased in a block arrangement uniquely agreed between the parties to the agreement

10.2 Reporting

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Email: performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications¹ may be used for performance monitoring if specified as agreed with the Funder.

¹ Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsf.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services