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|  | **All District Health Boards** | |
| **ASIAN, MIGRANT AND REFUGEE -**  **SPECIALIST SERVICES**  **MENTAL HEALTH AND ADDICTION SERVICES**  **TIER THREE**  **SERVICE SPECIFICATION** | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | **NON-MANDATORY** |
| **Review History** | | **Date** |
| First Published on NSFL | | June 2010 |
| **Amended:** clarified reporting requirements | | March 2013 |
| **Amended:** added MHR94S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Comissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz>

**ASIAN, MIGRANT AND REFUGEE SERVICES - SPECIALIST SERVICES**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHR94A, MHR94B, MHR94C, MHR94D, MHR94E, MHR94F, MHR94S**

This tier three service specification for Asian, Migrant and Refugee - Specialist Services, Mental Health and Addiction Services (the Service) must be used in conjunction with the tier one Mental Health and Addiction Services and tier two Asian, Migrant and Refugee Mental Health Services service specifications. In addition, it is linked to a range of tier three Asian, Migrant and Refugee Mental Health service specifications.

The service specification defines Asian, Migrant and Refugee Services - Specialist Services and their objectives in the delivery of the Service.

The populations served by the Asian, Migrant and Refugee Specialist Mental Health and Addiction Services will include people from refugee and migrant backgrounds from a wide range of countries and ethnic groups.

Generally, all clinical staff/mental health providers should possess the necessary skills to work effectively with clients who have cultural backgrounds other than their own. It is not uncommon that, there may be times when the Mental Health and Addiction service providers face clinical challenges while working with Service Users who are from a refugee or culturally and linguistically diverse migrant background. This group of Service Users may present with both mental illness and significant cultural issues that impact on their ability to access or participate in clinical mental health services.

**1. Service Definition**

The Mental Health and Addiction Service will act as a consultation resource to other health providers in mental health teams, in all mental health settings. The Service will also develop collaborative relationships with relevant local health and disability, and social service providers and community support groups in order to facilitate appropriate services for Service Users.

The Service will include:

* specialist clinical and cultural assessment and diagnosis
* cultural and support needs assessment in conjunction with the Specialist clinical team
* delivery of interventions, treatments and support to individuals aligned with an established individualised plan
* consultation and liaison service to other Mental Health and Addiction providers- (Mental Health and Addiction Provider remains principal case manager)
* collaboration with other health and social care agencies.

DHB Community Mental Health teams will remain responsible for:

* crisis services
* ensuring interpreters are available when required for clinical consultations.

**2.** **Service Objectives**

**2.1 General**

The objective of this Service is to provide a specialised clinical and cultural support service that meets the mental health and addiction needs of Asian, migrant and refugee people.

**2.2 Māori Health**

Refer to the tier one Mental Health and Addiction Services service specification.

**3. Service Users**

The Service Users will be Asian, migrant or refugee people of all ages.

Refer to the tier two Asian Migrant and Refugee Services service specification for the definitions.

**4. Access**

Refer to the tier two Asian, Migrant and Refugee Mental Health and Addiction service specification.

**5. Service Components**

**5.1 Processes**

The processes include but are not limited to the following assessment; treatment, intervention and support; review process; and discharge.

**5.2 Settings**

The Service is provided in home, community and hospital based settings.

**5.3 Key Inputs**

Refer to tier two Asian, Migrant and Refugee Mental Health and Addiction service specification.

Staff will also identify with and have ideally lived experience of at least one cultural group (Asian, Migrant, and Refugee.)

**5.4. Pacific Health**

Refer to the tier one Mental Health and Addiction Services service specification.

**6. Service Linkages**

Refer to the tier two Asian, Migrant and Refugee Mental Health and Addiction service specification.

**7.** **Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHR94A | Asian Migrant & Refugee Specialist Mental Health Service – Senior medical staff | Specialised clinical and cultural support service that meets the mental health and addiction needs of Asian, migrant and refugee people. The service will act as a consultation resource to other health providers in mental health teams, in all mental health settings and will also develop collaborative relationships with relevant local health and social service provider and community support. The service is provided by senior medical staff. | FTE |
| MHR94B | Asian Migrant & Refugee Specialist Mental Health Service – Junior medical staff | Specialised clinical and cultural support service that meets the mental health and addiction needs of Asian, migrant and refugee people. The service will act as a consultation resource to other health providers in mental health teams, in all mental health settings and will also develop collaborative relationships with relevant local health and social service provider and community support. The service is provided by junior medical staff. | FTE |
| MHR94C | Asian Migrant & Refugee Specialist Mental Health Service – Nurses & allied health | Specialised clinical and cultural support service that meets the mental health and addiction needs of Asian, migrant and refugee people. The service will act as a consultation resource to other health providers in mental health teams, in all mental health settings and will also develop collaborative relationships with relevant local health and social service provider and community support. The service is provided by nurses and allied health. | FTE |
| MHR94D | Asian Migrant & Refugee Specialist Mental Health Service – Non-clinical staff | Specialised clinical and cultural support service that meets the mental health and addiction needs of Asian, migrant and refugee people. The service will act as a consultation resource to other health providers in mental health teams, in all mental health settings and will also develop collaborative relationships with relevant local health and social service provider and community support. The service is provided by non-clinical staff. | FTE |
| MHR94E | Asian Migrant & Refugee Specialist Mental Health Service – Cultural staff | Specialised clinical and cultural support service that meets the mental health and addiction needs of Asian, migrant and refugee people. The service will act as a consultation resource to other health providers in mental health teams, in all mental health settings and will also develop collaborative relationships with relevant local health and social service provider and community support. The service is provided by cultural staff. | FTE |
| MHR94F | Asian Migrant & Refugee Specialist Mental Health Service – Peer support | Specialised clinical and cultural support service that meets the mental health and addiction needs of Asian, migrant and refugee people. The service will act as a consultation resource to other health providers in mental health teams, in all mental health settings and will also develop collaborative relationships with relevant local health and social service provider and community support. The service is provided by peer support staff. | FTE |
| MHR94S | Asian Migrant & Refugee Specialist Mental Health Service | Specialised clinical and cultural support service that meets the mental health and addiction needs of Asian, migrant and refugee people. The service will act as a consultation resource to other health providers in mental health teams, in all mental health settings and will also develop collaborative relationships with relevant local health and social service provider and community support. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)