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|  | **All District Health Boards** | |
| ADULT MENTAL HEALTH-SUB-ACUTE / EXTENDED CARE INPATIENT BEDS **MENTAL HEALTH AND ADDICTION SERVICES** Tier THREEService Specification | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | **NON-MANDATORY** |
| Review History | | Date |
| First Published on NSFL | | June 2009 |
| Amended: clarified reporting requirements | | February 2013 |
| Amendments: removed standard provider monitoring reporting tables. Minor editing. | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz>

**ADULT MENTAL HEALTH-**

**SUB-ACUTE/ EXTENDED CARE INPATIENT BEDS**

**MENTAL HEALTH AND ADDICTION SPECIALIST SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHA07**

This tier three service specification for Sub-Acute/Extended Care Inpatient Beds (the Service) is linked to tier one Mental Health and Addiction Services and tier two Adult Mental Health service specifications.

**1. Service Definition**

The Service includes a goal-oriented, recovery-focused, skill development inpatient programme that increases the Service User’s ability to:

* manage their own illness
* achieve life goals
* develop positive relationships
* develop problem-solving skills.

Plans will be developed in accordance with formally assessed needs. Progress against plans and identified goals will be reviewed at specified intervals with modification of plans accordingly. Plans will aim to:

* meet individual needs
* manage clinical risk
* assist reintegration into the community
* maintain cultural links
* regain and maintain family/whānau links
* educate the Service User and their carers about illness, symptoms and the management of symptoms.

The emphasis will be on the implementation of the treatment plan and reintegration into the community. A comprehensive range of community- and hospital-based treatment and therapy options will be available including:

* pharmacotherapy and bio-medical investigations and interventions
* psychological treatments
* social treatments
* occupational therapy
* recreational activities
* social skills training
* budgeting
* domestic skills training
* assertiveness and self-esteem building
* development of cultural links.

**2. Service Objectives**

**2.1 General**

To provide a recovery-oriented service that enhances the skills and functional independence of Service Users. The Service is for people who are assessed as requiring care in a more structured environment because of diagnostic and treatment complexity, or insufficient response to treatment, and have a continuing need for a high level of ongoing supervision and support.

**2.2 Māori Health**

Refer to the tier one Mental Health and Addiction Services service specification.

**3. Service Users**

The Service Users are eligible adults as detailed in the tier two Adult Mental Health service specification.

**4. Access**

**4.1 Entry and Exit Criteria**

Referral to the Service is from community mental health service or inpatient mental health service.

**5. Service Components**

**5.1 Processes**

The following processes apply but are not limited to: assessment, treatment, intervention and support, review process and discharge.

**5.2 Settings**

This Service is provided in a hospital or community setting.

**5.3 Key Inputs**

The Service is provided by:

a multi-disciplinary team of people with skills and experience in mental health intervention, treatment and support, made up of:

* health professionals regulated by the Health Practitioners Competence Assurance Act 2003
* people regulated by a health or social service professional body
* people who interact with the Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

**6. Service Linkages**

Linkages include, but are not limited to those described in tier one Mental Health and Addiction Services and tier two Adult Mental Health service specifications.

**7. Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

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| --- | --- | --- | --- |
| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| MHA07 | Sub-acute extended care - Inpatient beds | An inpatient recovery-oriented service that enhances the skills and functional independence of service users. The service is for people who are assessed as requiring care in a more structured environment because of diagnostic and treatment complexity, or insufficient response to treatment, and have a continuing need for a high level of ongoing supervision and support | Available bed day |

|  |  |
| --- | --- |
| **Unit of Measure** | **Unit of Measure Definition** |
| Available bed day | Total number of inpatient beds that are available to be occupied during the period multiplied by the number of days they are available during that period. To be counted as available the bed must be resourced, and either empty or occupied by a user of this service. |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)