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|  | **All District Health Boards** | |
| ADULT MENTAL HEALTH SERVICES -MOBILE INTENSIVE TREATMENT SERVICE **MENTAL HEALTH AND ADDICTION SERVICES** Tier THREEService Specification | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | **NON-MANDATORY** |
| Review History | | Date |
| First Published on NSFL | | June 2009 |
| **Correction**: Reporting requirement - day attendances added | | July 2010 |
| **Amended:** clarified reporting requirements | | February 2013 |
| **Amended:** added MHA11S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz>

**ADULT MENTAL HEALTH SERVICES –MOBILE INTENSIVE TREATMENT SERVICE**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHA11A, MHA11B, MHA11C, MHA11D, MHA11E, MHA11S**

This tier three service specification for Adult Mental Health Services - Mobile Intensive Treatment Service (the Service) is linked to tier one Mental Health and Addiction Service and tier two Adult Mental Health service specifications.

**1. Service Definition**

The Service includes mobile intensive specialist treatment services and is linked to, and may be part of, other provided services within the continuum such as the community mental health team as follows:

* assessment (inclusive of risk assessment/formulation/management) review, treatment and management of people with serious mental disorders where the nature of their problems indicates that intensive levels of treatment and support are required to ensure the person is able to live safely within the community
* a period of close observation to clarify diagnosis, or close medical and nursing care because of the nature of the disorder, as the service user may present an immediate risk of harm to themselves or others
* support with treatment and therapy requirements
* high levels of observation and nursing/medical care are provided through planned high levels of contact with the service user and their family and whānau, carers and significant other/s
* integration with the range of acute community and inpatient services.

Particular care is given to ensuring that the rights of individuals using the service are protected. Attention is paid to the legal status of people receiving this care to ensure compliance with the New Zealand Bill of Rights Act 1990 and the Mental Health (Compulsory Assessment and Treatment) Act 1992.

**2. Service Objectives**

**2.1 General**

The Service provides the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based services for people who experience longer, severe, enduring mental illness.

**2.2 Māori Health**

Refer to the tier one Mental Health and Addiction Services service specification.

**3. Service Users**

The Service Users are eligible adults as detailed in the tier two Adult Mental Health service specification

**4. Access**

**4.1 Entry and Exit Criteria**

Access to the Service is through referral from community mental health or inpatient mental health services.

**5. Service Components**

**5.1 Processes**

The following processes apply but are not limited to: assessment, treatment, intervention and support, review process and discharge.

**5.2 Settings**

The Service is provided in a community based setting.

**5.3 Key Inputs**

The Service is provided by a multi-disciplinary team of people with skills and experience in mental health intervention, treatment and support, made up of:

* health professionals regulated by the Health Practitioners Competence Assurance Act 2003
* people regulated by a health or social service professional body
* people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

**6. Service Linkages**

Linkages include, but are not limited to those described in tier one Mental Health and Addiction Service and tier two Adult Mental Health service specifications.

**7. Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHA11A | Mobile intensive treatment service - Senior medical staff | A service by senior medical staff to provide the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based services for people who experience longer, severe, enduring mental illness. | FTE |
| MHA11B | Mobile intensive treatment service - Junior medical staff | A service by junior medical staff to provide the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based services for people who experience longer, severe, enduring mental illness. | FTE |
| MHA11C | Mobile intensive treatment service - Nursing/ allied health staff | A service by nurses and/or allied health to provide the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based | FTE |
| MHA11D | Mobile intensive treatment service - Non-clinical staff | A service by non-clinical support staff to provide the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based services for people who experience longer, severe, enduring mental illness. | FTE |
| MHA11E | Mobile intensive treatment service - Cultural staff | A service by cultural support staff to provide the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based services for people who experience longer, severe, enduring mental illness. | FTE |
| MHA11S | Mobile Intensive Treatment Service | A service to provide the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based services for people who experience longer, severe, enduring mental illness. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)