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|  | **All District Health Boards** | |
| ADULT MENTAL HEALTH SERVICES -DAY ACTIVITY AND LIVING SKILLS SERVICE - **MENTAL HEALTH AND ADDICTION SERVICES** Tier THREEService Specification | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | **NON-MANDATORY** |
| Review History | | Date |
| First Published on NSFL | | June 2009 |
| **Amended**: purchase unit MHA21E description corrected in line with numbering framework | | August 2012 |
| **Amended:** clarified reporting requirements corrected name of T1 service specification. | | February 2013 |
| **Amended:** added MHA21S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | | July 2016 |
| **Amended:** added purchase units MHC “S” series | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz>

**ADULT MENTAL HEALTH SERVICES - DAY ACTIVITY AND LIVING SKILLS SERVICEMENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHA21C, MHA21D, MHA21E, MHA21F, MHA21S**

This tier three service specification for Day Activity and Living Skills Service (the Service) must be used with the tier one Mental Health and Addiction Services and the tier two Adult Mental Health service specifications.

**1. Service Definition**

The Service includes day activity services that:

* are provided in a community-based setting
* may be long term
* promotes recovery and community involvement by including socially inclusive activities in community mainstream settings
* offers Service Users key roles in determining the content of the programmes and the ways in which activity services are managed
* provides a flexible and varied programme of activities determined largely by the Service User’s needs and aligned with their individual goals
* provides a safe environment for mutual support, information exchange and socialisation.

The style of Service provided is such that:

* there is an emphasis on supporting and developing the strengths of the Service Users and their families / whānau and significant others. Mental Health workers will work together with the Service User to reach desirable outcomes for all
* the particular needs of Māori and Pacific peoples Service Users is met by the provision of culturally derived skills programmes. Wherever possible, the ethnicity of staff will reflect the ethnicity of the local population / client group.

It is expected that the services contribute to the following outcomes for Service Users:

* improved participation in community life
* development and maintenance of work skills and routines
* greater stability of lifestyle
* increased social ‘connectedness’ and sense of belonging
* fulfilment of self-expression in arts and creative / recreational pursuits.

**2. Service Objectives**

**2.1 General**

The Service is to provide a recovery-oriented service to assist people with mental illness to develop their life and living skills and enjoy their relationships with others.

**2.2 Māori Health**

Refer to tier one Mental Health and Addiction Services service specifications.

**3. Service Users**

The Service Users are eligible adults as detailed in the tier two Adult Mental Health service specification.

**4. Access**

**4.1 Entry and Exit Criteria**

The Service Users access the Service by self-referral or from any other source, including community mental health teams.

**5. Service Components**

**5.1 Processes**

The following processes apply but are not limited to: assessment, treatment, intervention and support, review process and discharge.

**5.2 Settings**

The Service is provided in community based settings.

**5.3 Key Inputs**

The Service is provided by a team of health professionals and / or support worker staff with a strong recovery focus, who have appropriate qualifications, competencies, skills and experience in accordance with the nature of the service required.

**6. Service Linkages**

Linkages include, but are not limited to the following described in tier one Mental Health and Addiction Specialist Services and tier two Adult Mental Health service specifications.

**7. Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHA21C | Activity based recovery support services - Nursing and/or allied health staff | A recovery-oriented service by nurses and/or allied health staff to assist people with mental illness to develop their life and living skills and enjoy their relationships with others. | FTE |
| MHA21D | Activity based recovery support service - Non-clinical staff | A recovery-oriented service by non-clinical support staff to assist people with mental illness to develop their life and living skills and enjoy their relationships with others. | FTE |
| MHA21E | Activity based recovery support service – Cultural Staff | A recovery-oriented service by cultural support staff to assist people with mental illness to develop their life and living skills and enjoy their relationships with others. | FTE |
| MHA21F | Activity based recovery support service – Peer Support | A recovery-oriented service by peer support staff to assist people with mental illness to develop their life and living skills and enjoy their relationships with others. | FTE |
| MHA21S | Activity Based Recovery Support Services | A recovery-oriented service to assist people with mental illness to develop their life and living skills and enjoy their relationships with others. | Service |

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| --- | --- |
| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement. |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)