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|  | **All District Health Boards** |
| ADULT MENTAL HEALTH-ADULT ACUTE PACKAGE OF CAREMENTAL HEALTH AND ADDICTION SERVICESTier THREEService Specification  |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | **NON-MANDATORY** |
| Review History | Date |
| First Published on NSFL | June 2009 |
| **Amended:** clarified reporting requirements | March 2013 |
| **Amended:** added MHA06S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | April 2017 |
| Consideration for next Service Specification Review | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz>

**ADULT MENTAL HEALTH-**

**ADULT ACUTE PACKAGE OF CARE**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHA06, MHA06C, MHA06D, MHA06S**

This tier three service specification for Adult Acute Package of Care (the Service) is linked to tier one Mental Health and Addiction Services and tier two Adult Mental Health service specifications.

**1. Service Definition**

The Service will include acute packages of care that are:

* well integrated with other specialist adult mental health services
* focused to ensure active treatment, crisis intervention and prevention of the escalation of development of the Service User’s illness, prevention of disability, and the prevention of the development of dependency
* conscious of the safety needs of the Service User and the community, including staff, reflecting that some Service Users may present a risk of suicide, self-harm or danger to others
* delivered in accordance with a comprehensive system of risk management within which least restrictive intervention strategies will be determined.

Individualised treatment plans and relapse prevention plans are developed for each person using the Service. These plans are comprehensive, based on assessed needs, and include identified goals for the period of treatment/care. Plans are developed in conjunction with the Service User and their family/whānau, and carers, and with relevant community service involvement.

The provider will be responsible for:

* the development and funding of individualised packages of treatment/care aimed at meeting the specific needs of each Service User and their family/whānau
* reviewing and monitoring the safety and appropriateness of each acute care package, modifying according to need, and the assessment of ongoing requirements
* ensuring an emphasis is placed on the provision of treatment and support in an environment and context that is safe and familiar for the Service User
* ensuring that acute care packages are culturally appropriate and safe for each individual and their family/whānau
* ensuring that criteria and guidelines are in place to manage entry to and exit from the service, including criteria for prioritisation of referrals
* ensuring that acute care funding is not used to duplicate existing services but it is used to provide supports in addition to those provided by existing health, welfare and support agencies and to those services provided by other specialist mental health services
* management of the acute package of care funding (including flexi-fund budgets) within the annual budget and ensuring that the available funding is used efficiently and effectively.

The provider may enter into subcontracting arrangements with other organisations for the delivery of components of the package but will be accountable for the total package deliverables.

Acute packages of care are expected to have a duration of less than four weeks at any one time. Any extension to this timeframe will be rare and expected to comply with locally agreed protocols.

**2. Service Objectives**

2.1 General

To provide individually tailored packages of care/treatment for adults who are experiencing an acute episode of a serious mental illness/mental health problem.

**2.2 Māori Health**

Refer tier one Mental Health and Addiction Services service specification.

**3. Service Users**

The Service Users are eligible adults as detailed in the tier two Adult Mental Health service specification.

**4. Access**

**4.1 Entry and Exit Criteria**

Access to the Services will be via the community mental health service.

**5. Service Components**

**5.1 Processes**

The following processes apply but are not limited to: assessment, treatment, intervention and support, review process and discharge.

**5.2 Settings**

The Service is provided in a community based setting.

**5.3 Key Inputs**

The Service is provided by a multi-disciplinary team of people with skills and experience in mental health intervention, treatment and support, made up of:

* health professionals regulated by the Health Practitioners Competence Assurance Act 2003
* people regulated by a health or social service professional body
* people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

**6. Service Linkages**

Linkages include, but are not limited to those described in tier one Mental Health and Addiction Services and tier two Adult Mental Health service specifications.

**7. Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

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| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| MHA06 | Acute package of care | A service to provide individually tailored packages of care/treatment for adults who are experiencing an acute episode of a serious mental illness/mental health problem. | Occupied bed day |
| MHA06C | Acute package of care – Nursing/allied health staff | A service by nurses and/or allied health staff to provide individually tailored packages of care/treatment for adults who are experiencing an acute episode of a serious mental illness/mental health problem. | FTE |
| MHA06D | Acute package of care – Non-clinical staff  | A service by non-clinical support staff to provide individually tailored packages of care/treatment for adults who are experiencing an acute episode of a serious mental illness/mental health problem. | FTE |
| MHA06S | Acute package of care | A service to provide individually tailored packages of care/treatment for adults who are experiencing an acute episode of a serious mental illness/mental health problem. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| Occupied bed day | Total number of beds that are occupied each day over a designated period. For reporting purposes, count beds occupied as at 12 midnight of each day. Leave days, when the bed is not occupied at midnight are not counted. Counting formula is discharge date less admission date less leave days. |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement. |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email performance\_reporting@moh.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)