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|  | **All District Health Boards** |
| ADULT MENTAL HEALTH- ADULT ACUTE HOME BASED TREATMENT MENTAL HEALTH AND ADDICTION SERVICESTier THREEService Specification  |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | **NON-MANDATORY** |
| Review History | Date |
| First Published on NSFL | June 2009 |
| **Amended:** clarified reporting requirements | February 2013 |
| **Amended:** added MHA05S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | April 2017 |
| Consideration for next Service Specification Review | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz>

**ADULT MENTAL HEALTH – ADULT ACUTE HOME BASED TREATMENT**

**MENTAL HEALTH AND ADDICTION SERVICESTIER THREE SERVICE SPECIFICATION**

**MHA05A, MHA05B, MHA05C, MHA05D, MHA05S**

This tier three service specification for Adult Acute Home Based Treatment (the Service) is linked to tier one Mental Health and Addiction Services and tier two Adult Mental Health service specifications.

**1. Service Definition**

The Service will include an urgent response to a mental health crisis including: assessment, monitoring, co-ordination of services, treatment and support/advice to family/whānau/ carers.

Home-based intervention includes:

* assessment
* assessment/formulation/management and development of an immediate treatment and recovery plan
* 24-hour support and treatment in the home
* performance of all tasks necessary in relation to processes required under the Mental Health (Compulsory Assessment and Treatment) Act 1992 (including tasks of Duly Authorised Officer, assessing psychiatrist and responsible clinician)
* implementation of treatment (including risk assessment/formulation/management and recovery plans, including referral to other services for ongoing treatment
* engagement of family/whānau and carers for sharing of information, advice and support.

The Service will be mobile and able to be provided at the location of the crisis. Where necessary, the Service will arrange for, or provide, transport of the person to the nearest acute treatment facility.

People will be assessed as to appropriateness of acute home-based treatment.

Interventions will be appropriate to the age of the individual concerned, and will be no more restrictive than necessary in each situation.

Access to crisis respite services is facilitated through the crisis intervention service or agreed alternative mechanisms.

The Service is to be provided in partnership with Specialist Clinical Teams.

**2. Service Objectives**

**2.1 General**

To provide acute responsive services that are highly mobile and available in the Service User’s home setting as an appropriate alternative to a service in an acute inpatient hospital-based setting.

**2.2 Māori Health**

Refer to the tier one Mental Health and Addiction Services service specifications.

**3. Service Users**

The Service Users are eligible adults as described in the tier two Adult Mental Health service specification.

**4. Access**

**4.1 Entry and Exit Criteria**

Access to the Service may be via a triage process within the DHB Community Mental Health Team.

**5. Service Components**

**5.1 Processes**

The following processes apply but are not limited to: assessment, treatment, intervention and support, review process and discharge.

**5.2 Settings**

The Service is provided in community based settings, often in the Service User’s home.

**5.3 Key Inputs**

The Service is provided by a multi-disciplinary team of people with skills and experience in mental health intervention, treatment and support, made up of:

* health professionals regulated by the Health Practitioners Competence Assurance Act 2003
* people regulated by a health or social service professional body
* people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

Where appropriate, arrangements are made to ensure two clinicians attend a call out.

**6. Service Linkages**

Linkages include, but are not limited to those described in tier one Mental Health and Addiction Specialist Services and tier two Adult Mental Health service specifications.

**7. Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) Codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

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| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| MHA05A | Adult acute home based treatment - Senior medical staff | A service delivered by senior medical staff to provide acute responsive services that are highly mobile and available in the service user’s home setting as an appropriate alternative to a service in an acute inpatient hospital-based setting. | FTE |
| MHA05B | Adult acute home based treatment - Junior medical staff | A service delivered by junior medical staff to provide acute responsive services that are highly mobile and available in the service user’s home setting as an appropriate alternative to a service in an acute inpatient hospital-based setting. | FTE |
| MHA05C | Adult acute home based treatment - Nursing/ allied health staff | A service delivered by nurses and/or allied health staff to provide acute responsive services that are highly mobile and available in the service user’s home setting as an appropriate alternative to a service in an acute inpatient hospital-based setting. | FTE |
| MHA05D | Adult acute home based treatment - Non-clinical staff | A service delivered by non-clinical support health staff to provide acute responsive services that are highly mobile and available in the service user’s home setting as an appropriate alternative to a service in an acute inpatient hospital-based setting. | FTE |
| MHA05S | Adult acute home based treatment  | A service to provide acute responsive services that are highly mobile and available in the service user’s home setting as an appropriate alternative to a service in an acute inpatient hospital-based setting. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email performance\_reporting@moh.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)