

Adult Mental Health Services - Mobile Intensive Treatment Service Tier 3 Service Specification

September 2024

Contents

1. Status	2
2. Review History	2
3. Introduction	3
4. Service Definition	3
5. Service objectives	3
6. Service Users	3
7. Access	4
8. Service Components	4
9. Service Linkages	4
10. Purchase Units and Reporting Requirements	4
10.1 Purchase units	4
10.2 Reporting Requirements	5

1. Status

Approved to be used for mandatory nationwide description of services to be provided.

MANDATORY RECOMMENDED

Recommended – these are centralized and recommended specifications to be used by Districts for purchasing services, they may be used to enable providers to transition to meeting a Mandatory specification over time. Districts are expected to move to a mandatory specification when renewing or varying an agreement.

2. Review History

Review History	Date
First Published on NSFL	June 2009
Correction: Reporting requirement - day attendances added	July 2010
Amended: clarified reporting requirements	February 2013
Amended: added MHA11S purchase unit code, removed standard provider monitoring reporting tables. Minor editing.	April 2017
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024

Note: In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

This tier three service specification for Adult Mental Health Services - Mobile Intensive Treatment Service (the Service) is linked to tier one Mental Health and Addiction Service and tier two Adult Mental Health service specifications.

4. Service Definition

The Service includes mobile intensive specialist treatment services and is linked to, and may be part of, other provided services within the continuum such as the community mental health team as follows:

- assessment (inclusive of risk assessment/formulation/management) review, treatment and management of people with serious mental disorders where the nature of their problems indicates that intensive levels of treatment and support are required to ensure the person is able to live safely within the community
- a period of close observation to clarify diagnosis, or close medical and nursing care because of the nature of the disorder, as the service user may present an immediate risk of harm to themselves or others
- support with treatment and therapy requirements
- high levels of observation and nursing/medical care are provided through planned high levels of contact with the service user and their family and whānau, carers and significant other/s
- integration with the range of acute community and inpatient services.

Particular care is given to ensuring that the rights of individuals using the service are protected. Attention is paid to the legal status of people receiving this care to ensure compliance with the New Zealand Bill of Rights Act 1990 and the Mental Health (Compulsory Assessment and Treatment) Act 1992.

5. Service objectives

5.1.1 General

The Service provides the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based services for people who experience longer, severe, enduring mental illness.

5.1.2 Māori Health

Refer to the tier one Mental Health and Addiction Services service specification.

6. Service Users

The Service Users are eligible adults as detailed in the tier two Adult Mental Health service specification

7. Access

7.1.1 Entry and Exit Criteria

Access to the Service is through referral from community mental health or inpatient mental health services.

8. Service Components

8.1.1 Settings

The Service is provided in a community based setting.

8.1.2 Processes

The following processes apply but are not limited to: assessment, treatment, intervention and support, review process and discharge.

8.1.3 Key Inputs

The Service is provided by a multi-disciplinary team of people with skills and experience in mental health intervention, treatment and support, made up of:

- health professionals regulated by the Health Practitioners Competence Assurance Act 2003
- people regulated by a health or social service professional body
- people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

9. Service Linkages

Linkages include, but are not limited to those described in tier one Mental Health and Addiction Service and tier two Adult Mental Health service specifications.

10. Purchase Units and Reporting Requirements

10.1 Purchase units

Purchase Unit Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHA11A	Mobile intensive treatment service - Senior medical staff	A service by senior medical staff to provide the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based services for people who experience longer, severe, enduring mental illness.	FTE

PU Code	PU Description	PU Definition	Unit of Measure
MHA11B	Mobile intensive treatment service - Junior medical staff	A service by junior medical staff to provide the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based services for people who experience longer, severe, enduring mental illness.	FTE
MHA11C	Mobile intensive treatment service - Nursing/ allied health staff	A service by nurses and/or allied health to provide the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based	FTE
MHA11D	Mobile intensive treatment service - Non-clinical staff	A service by non-clinical support staff to provide the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based services for people who experience longer, severe, enduring mental illness.	FTE
MHA11E	Mobile intensive treatment service - Cultural staff	A service by cultural support staff to provide the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based services for people who experience longer, severe, enduring mental illness.	FTE
MHA11S	Mobile Intensive Treatment Service	A service to provide the most intensive level of clinical care and skilled observation for people within the community, with a recovery orientation, offering an alternative to inpatient admission or other facility-based services for people who experience longer, severe, enduring mental illness.	Service

Unit of Measure	Unit of Measure Definition
FTE	Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team.
Service	Service purchased in a block arrangement uniquely agreed between the parties to the agreement

10.2 Reporting Requirements

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email Email: performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications¹ may be used for performance monitoring if specified as agreed with the Funder.

¹ Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfh.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services