

# **Mental Health and Addictions Services**

## **Adult Acute Home Based Treatment**

### **Tier 3 Service Specification**

**September 2024**

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## 1. Status

**Approved to be used for mandatory nationwide description of services to be provided.**

**MANDATORY  RECOMMENDED**

Recommended – these are centralized and recommended specifications to be used by Districts for purchasing services, they may be used to enable providers to transition to meeting a Mandatory specification over time. Districts are expected to move to a mandatory specification when renewing or varying an agreement].

## 2. Review History

Review History	Date
First Published on NSFL	June 2009
<b>Amended:</b> clarified reporting requirements	February 2013
<b>Amended:</b> added MHA05S purchase unit code, removed standard provider monitoring reporting tables. Minor editing.	April 2017
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024
Consideration for next Service Specification Review	Within five years

**Note:** In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

**Note:** Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. [NSF@tewhatuora.govt.nz](mailto:NSF@tewhatuora.govt.nz)

Nationwide Service Framework Library web site [here](#)

### 3. Introduction

This tier three service specification for Adult Acute Home Based Treatment (the Service) is linked to tier one Mental Health and Addiction Services and tier two Adult Mental Health service specifications.

### 4. Service Definition

The Service will include an urgent response to a mental health crisis including: assessment, monitoring, co-ordination of services, treatment and support/advice to family/whānau/ carers.

Home-based intervention includes:

- assessment
- assessment/formulation/management and development of an immediate treatment and recovery plan
- 24-hour support and treatment in the home
- performance of all tasks necessary in relation to processes required under the Mental Health (Compulsory Assessment and Treatment) Act 1992 (including tasks of Duly Authorised Officer, assessing psychiatrist and responsible clinician)
- implementation of treatment (including risk assessment/formulation/management and recovery plans, including referral to other services for ongoing treatment)
- engagement of family/whānau and carers for sharing of information, advice and support.

The Service will be mobile and able to be provided at the location of the crisis. Where necessary, the Service will arrange for, or provide, transport of the person to the nearest acute treatment facility.

People will be assessed as to appropriateness of acute home-based treatment.

Interventions will be appropriate to the age of the individual concerned, and will be no more restrictive than necessary in each situation.

Access to crisis respite services is facilitated through the crisis intervention service or agreed alternative mechanisms.

The Service is to be provided in partnership with Specialist Clinical Teams.

### 5. Service objectives

#### 5.1.1 General

To provide acute responsive services that are highly mobile and available in the Service User's home setting as an appropriate alternative to a service in an acute inpatient hospital-based setting.

#### 5.1.2 Māori Health

Refer to the tier one Mental Health and Addiction Services service specification.

## 6. Service Users

The Service Users are eligible adults as described in the tier two Adult Mental Health service specification.

## 7. Access

Access to the Service may be via a triage process within the DHB Community Mental Health Team.

## 8. Service Components

### 8.1 Processes

The following processes apply but are not limited to: assessment, treatment, intervention and support, review process and discharge.

### 8.2 Settings

The Service is provided in community based settings, often in the Service User's home.

### 8.3 Key Inputs

The Service is provided by a multi-disciplinary team of people with skills and experience in mental health intervention, treatment and support, made up of:

- health professionals regulated by the Health Practitioners Competence Assurance Act 2003
- people regulated by a health or social service professional body
- people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

Where appropriate, arrangements are made to ensure two clinicians attend a call out.

## 9. Service Linkages

Linkages include, but are not limited to those described in tier one Mental Health and Addiction Specialist Services and tier two Adult Mental Health service specifications.

## 10. Exclusions

Refer to the tier one Mental Health and Addiction Services service specification.

## 11. Quality Requirements

Refer to the tier one Mental Health and Addiction Services service specification.

## 12. Purchase Units

Purchase Unit Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHA05A	Adult acute home based treatment - Senior medical staff	A service delivered by senior medical staff to provide acute responsive services that are highly mobile and available in the service user's home setting as an appropriate alternative to a service in an acute inpatient hospital-based setting.	FTE
MHA05B	Adult acute home based treatment - Junior medical staff	A service delivered by junior medical staff to provide acute responsive services that are highly mobile and available in the service user's home setting as an appropriate alternative to a service in an acute inpatient hospital-based setting.	FTE
MHA05C	Adult acute home based treatment - Nursing/ allied health staff	A service delivered by nurses and/or allied health staff to provide acute responsive services that are highly mobile and available in the service user's home setting as an appropriate alternative to a service in an acute inpatient hospital-based setting.	FTE
MHA05D	Adult acute home based treatment - Non-clinical staff	A service delivered by non-clinical support health staff to provide acute responsive services that are highly mobile and available in the service user's home setting as an appropriate alternative to a service in an acute inpatient hospital-based setting.	FTE
MHA05S	Adult acute home based treatment	A service to provide acute responsive services that are highly mobile and available in the service user's home setting as an appropriate alternative to a service in an acute inpatient hospital-based setting.	Service

Explanations of the units of measure (UOM) from the purchase unit table.

Unit of Measure	Unit of Measure Definition
FTE	Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team.
Service	Service purchased in a block arrangement uniquely agreed between the parties to the agreement

## 13. Reporting Requirements

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

Unless otherwise specified in the agreement, the following reporting information will be emailed to The Performance Reporting Team at: [performance\\_reporting@health.govt.nz](mailto:performance_reporting@health.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications<sup>1</sup> may be used for performance monitoring if specified as agreed with the Funder.

## 14. Glossary

Not required

## 15. Appendices

Not required

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<sup>1</sup> Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section [www.nsfh.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services](http://www.nsfh.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services)