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|  | All District Health Boards | |
| **ADDICTION SERVICES -**  **INTENSIVE ALCOHOL AND OTHER DRUG SERVICE WITH ACCOMMODATION**  **MENTAL HEALTH AND ADDICTION SERVICES**  **TIER THREE**  **SERVICE SPECIFICATION** | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | **NON-MANDATORY** |
| **Review History** | | **Date** |
| First Published on NSFL | | January 2010 |
| **Correction:** Added Non clinical FTEs reporting item | | July 2010 |
| **Amendments** – Removal of unapproved Purchase Units MHAK09A, MHAK09C, MHAK09D. Minor editing changes for consistency. | | February 2011 |
| **Amended:** clarified reporting requirements | | February 2013 |
| **Amendments:** added MHD76S purchase unit code, removed standard provider monitoring reporting tables. Minor editing**.** | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz>

**ADDICTION SERVICES -**

**INTENSIVE ALCOHOL AND OTHER DRUG SERVICE WITH ACCOMMODATION**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHD76, MHD76A, MHD76B, MHD76C, MHD76D, MHD76S**

The tier three service specification for Addiction Services - Intensive Alcohol and Other Drug Service with Accommodation (the Service) must be used in conjunction with tier one Mental Health and Addiction Services and tier two Addiction Services service specifications.

1. **Service Definition**

Treatment interventions may be provided in a variety of ways, including:

* over a series of weekends
* in short term programmes of up to four weeks duration
* in medium term programmes of up to four months duration
* long term therapeutic community programmes of more than four months duration
* other flexibly delivered ‘packages’ of care according to Service Users’ needs.

The type of programme will be matched with the needs of the Service User, and will be no less than the minimum required to meet those needs. This minimum requirement will be specified in the Provider Specifics component.

The Service includes:

* negotiation of treatment, discharge and aftercare plans established with each Service User including substance use and where appropriate mental health goals
* provision of specific group and individual treatments
* defined treatment programmes including specific treatment related to individual’s alcohol and other drug use and co-existing mental health problems
* encouragement of the development of cultural values and associations
* ensuring the provision of access to Kaupapa Māori, including Te Reo, tikanga, hui on marae and attendance at wananga and powhiri
* drug and alcohol relapse prevention education
* provision of other structured activities such as vocational, social, recreational activities, and skill based health and fitness
* education regarding the effects of behaviour on family, social and health from excessive alcohol and or drug use and the combination of mental health issues including sexually transmitted infections, hepatitis and HIV prevention
* education regarding appropriate usage of prescribed medication
* gender specific needs of both women and men will be addressed (including attention to needs of children)
* acknowledgement of and provision for the needs of families and whānau in relation to information, education and support, including family based interventions
* progress reports are completed for the referrer
* transitional planning occurs including negotiation of supports that will be required on discharge
* discharge summary is completed in a timely manner.

Pharmacological treatments including laboratory monitoring or other investigations will be arranged or provided as required, with supervision of medication as necessary. Standards of safe and competent medical and nursing practice for storage and dispensing of medication will apply.

Provision is made for dealing with crises of people attending the programme.

A recovery orientation is developed and maintained. There is introduction to concepts and practices of self-help groups such as Alcoholics Anonymous, Narcotics Anonymous, Rational Recovery and whānau recovery groups.

Attention is given to ensuring that particular groups receive appropriate services. These groups include people:

* with co-existing problems, including those people receiving anti-psychotic or other prescribed medications
* referred voluntarily or compulsorily under provisions of the Alcohol and other Drug Addiction Act 1966
* who elect to withdraw from methadone, who after the withdrawal programme will continue to be part of this programme. Service Users may enter the programme on a reducing dose as agreed by the methadone treatment service, Service User and residential service
* who wish to remain on methadone and have other addiction issues addressed.

Places will be also allocated on a priority basis to people who wish to remain on methadone and who will benefit from the particular focus of this programme.

1. **Service Objectives**

**2.1 General**

To provide treatment services for people who have particular requirements that are unable to be met in less structured or supported settings.

The Service includes:

* provision of services to people with needs for ongoing medication prescribed as part of a comprehensive management plan.
* those who experience co-existing mental health problems.

**2.2 Continuing Care**

To provide additional post treatment follow-up and supports to ensure the gains made in the intensive treatment are not lost. The intensity of the Service will vary depending on the needs and circumstances of the individual. This Service is funded on a full time equivalent (FTE) or client basis rather than bed day rate.

* 1. **Māori Health**

Refer to the tier one Mental Health and Addiction Services service specification.

**3. Service Users**

Refer to the tier one Mental Health and Addiction Services service specification. For a youth specific service use Purchase Unit MHDI49.

**4. Access**

**4.1 Entry and Exit Criteria**

Access by referral through the community alcohol and other drug services.

Access may be from any source, including by Service Users directly or upon referral from primary and secondary practitioners, family, carers, and community members.

DHBs may determine more specific local access criteria.

Exit criteria will include attention to transitional planning.

**5. Service Components**

**5.1 Processes**

The processes include but are not limited to the following: engagement; assessment, information provision, treatment, consultation, liaison, advocacy, support, review process and discharge.

**5.2 Settings**

The Service may be provided in community and hospital based settings.

**5.3 Key Inputs**

A multi-disciplinary team of people with skills and experience in alcohol and other drug intervention, treatment and support, and who belong in one of the following categories:

* health professionals regulated by the Health Practitioners Competence Assurance Act 2003
* people regulated by the Drug and Alcohol Practitioners Association Aotearoa New Zealand (DAPAANZ) or another health or social service professional body
* people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

**5.4. Pacific Health**

Refer to the tier one Mental Health and Addiction Services service specification

**6. Service Linkages**

Linkages are as described in the tier one Mental Health and Addiction Services and Addiction tier two service specifications.

**7.** **Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following Purchase Units apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHD76 | Intensive and other drug services with accommodation | Treatment services for people who have particular requirements that are unable to be met in less structured or supported settings. Such requirements include ongoing medication prescribed as part of a comprehensive management plan, and those experiencing co-existing mental health problems. | Available Bed Day |
| MHD76A | Intensive and other drug services with accommodation – Senior medical staff | Treatment services for people who have particular requirements that are unable to be met in less structured or supported settings. Such requirements include ongoing medication prescribed as part of a comprehensive management plan, and those experiencing co-existing mental health problems. The service is provided by senior medical staff | FTE |
| MHD76B | Intensive and other drug services with accommodation – Junior medical staff | Treatment services for people who have particular requirements that are unable to be met in less structured or supported settings. Such requirements include ongoing medication prescribed as part of a comprehensive management plan, and those experiencing co-existing mental health problems. The service is provided by junior medical staff. | FTE |
| MHD76C | Intensive and other drug services with accommodation – Nursing and allied health staff | Treatment services for people who have particular requirements that are unable to be met in less structured or supported settings. Such requirements include ongoing medication prescribed as part of a comprehensive management plan, and those experiencing co-existing mental health problems. The service is provided by nursing and allied health | FTE |
| MHD76D | Intensive and other drug services with accommodation – Non-clinical staff | Treatment services for people who have particular requirements that are unable to be met in less structured or supported settings. Such requirements include ongoing medication prescribed as part of a comprehensive management plan, and those experiencing co-existing mental health problems. The service is provided by non-clinical staff. | FTE |
| MHD76S | Intensive and other drug services with accommodation | Treatment services for people who have particular requirements that are unable to be met in less structured or supported settings. Such requirements include ongoing medication prescribed as part of a comprehensive management plan, and those experiencing co-existing mental health problems. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| Available Bed Day | Total number of inpatient beds that are available to be occupied during the period multiplied by the number of days they are available during that period. To be counted as available the bed must be resourced, and either empty or occupied by a user of this service. |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2. Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)