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|  | **All District Health Boards** | |
| **ADDICTION SERVICES-**  **ALCOHOL AND OTHER DRUG DAY TREATMENT PROGRAMME**  **MENTAL HEALTH AND ADDICTION SERVICES**  **TIER THREE**  **SERVICE SPECIFICATION** | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | NON-MANDATORY |
| **Review History** | | **Date** |
| First Published on NSFL | | January 2010 |
| **Amended**: clarified reporting requirements | | March 2013 |
| **Amended:** added MHD75S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz>

**ADDICTION SERVICES –**

**ALCOHOL AND OTHER DRUG DAY TREATMENT PROGRAMME**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHD75A, MHD75B, MHD75C, MHD75D, MHD75E, MHD75S**

The tier three service specification for an Alcohol and other Drug Day Treatment Programme (the Service) must be used in conjunction with the tier one Mental Health and Addiction and tier two Addiction Services service specifications.

1. **Service Definition**

The Service will be a goal oriented, recovery focused, skill development programme which increases Service Users’ ability to:

* manage own substance related issues
* achieve life goals
* develop positive relationships
* develop problem-solving skills.

The Service aims to:

* meet individual needs
* assist integration into the community
* maintain cultural links
* maintain family and whānau links
* provide integrated care for those with co-existing problems
* educate the Service User and their family and whānau about addiction and, management of relapse
* provide post treatment support to enhance recovery and reduce the risk of relapse

Each Service User will be offered the interventions that are appropriate according to their assessed need in terms of their alcohol and drug use, related problems and readiness for change. This may include referral to other services or agencies as appropriate.

Service Users will be given as much responsibility as possible for determining the content of the programme and the management of the Service.

The emphasis will be on implementation of the treatment plan and integration into the community. A comprehensive range of community based rehabilitation options will be available which may include:

* specialist assessment
* social work
* cultural assessment
* ongoing monitoring of symptoms and regular review of progress and treatment at specified intervals
* attention to matters in relation to maintenance of health, relapse prevention, early detection and intervention for relapses of illness, co-existing mental health problems, problem prevention and promotion of good mental health
* pharmacotherapy and bio-medical interventions
* psychological treatments
* occupational therapy
* recreational activities
* social skills training
* domestic skills training
* assertiveness and self esteem building
* development of cultural links.

The style of the Service will be such that:

* there is an emphasis on supporting the strengths of the Service Users and their families, whānau and significant others. Alcohol and other Drug workers will work together with the Service User to reach desirable outcomes for all
* the particular needs of Māori and Pacific Service Users are met by the provision of culturally derived skills programmes. Wherever possible, relevant staff will be of Māori or Pacific descent.

1. **Service Objectives**

**2.1 General**

To provide an Alcohol and Other Drug day treatment programme for people with alcohol and other drug dependence problems including those with co-existing mental health problems.

**2.2 Māori Health**

Refer to the tier one Mental Health and Addiction Services service specification.

**3. Service Users**

Refer to the tier one Mental Health and Addiction Services service specification.

**4. Access**

**4.1 Entry Criteria**

Access may be from any source, however this may vary according to DHB local prioritisation and will be reflected in the local access criteria including within the service agreement.

**5. Service Components**

**5.1 Processes**

The processes include but are not limited to the following: engagement; assessment, information provision, treatment, consultation, liaison, advocacy, support, review process and discharge.

**5.2 Settings**

The Service may be provided in community and hospital based settings.

**5.3 Key Inputs**

A multi-disciplinary team of people with skills and experience in alcohol and other drug intervention, treatment and support, and who belong in one of the following categories:

* health professionals regulated by the Health Practitioners Competence Assurance Act 2003
* people regulated by the Drug and Alcohol Practitioners Association Aotearoa New Zealand (DAPAANZ) or another health or social service professional body
* people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

There will be partnering with the Specialist Clinical service to meet client need.

**5.4. Pacific Health**

Refer to tier one Mental Health and Addiction Services service specification.

**6. Service Linkages**

Linkages are as described in tier one Mental Health and Addiction Services tier two and Addiction service specifications.

**7.** **Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHD75A | Alcohol and other drug day treatment programme – Senior medical staff | Community based service to provide an alcohol and other drug day treatment programme for people with alcohol and other drug dependence problems including those with co-existing mental health problems. The service is provided by senior medical staff | FTE |
| MHD75B | Alcohol and other drug day treatment programme – Junior medical staff | Community based service to provide an alcohol and other drug day treatment programme for people with alcohol and other drug dependence problems including those with co-existing mental health problems. The service is provided by junior medical staff | FTE |
| MHD75C | Alcohol and other drug day treatment programme – Nursing and allied health staff | Community based service to provide an alcohol and other drug day treatment programme for people with alcohol and other drug dependence problems including those with co-existing mental health problems. The service is provided by nursing and allied health staff. | FTE |
| MHD75D | Alcohol and other drug day treatment programme – Non-clinical staff | Community based service to provide an alcohol and other drug day treatment programme for people with alcohol and other drug dependence problems including those with co-existing mental health problems. The service is provided by non-clinical staff. | FTE |
| MHD75E | Alcohol and other drug day treatment programme – Cultural staff | Community based service to provide an alcohol and other drug day treatment programme for people with alcohol and other drug dependence problems including those with co-existing mental health problems. The service is provided by cultural staff. | FTE |
| MHD75S | Alcohol and other drug – day treatment program | Community based service to provide an alcohol and other drug day treatment programme for people with alcohol and other drug dependence problems including those with co-existing mental health problems. | Service |

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| --- | --- |
| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)