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|  | **All District Health Boards**  |
| **ADDICTION SERVICES- EARLY INTERVENTION,****ALCOHOL AND OTHER DRUG SERVICE** **MENTAL HEALTH AND ADDICTION SERVICES****TIER THREE****SERVICE SPECIFICATION** |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | **NON-MANDATORY** |
| **Review History** | **Date** |
| First Published on NSFL | January 2010 |
| **Amended:** clarified reporting requirementsremoved purchase unit MHDK72C | February 2013 |
| **Amended:** added MHD172S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | April 2017 |
| **Amended:** corrected MHD172 to MHDI72 | September 2019 |
| Consideration for next Service Specification Review | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz>

**ADDICTION SERVICES –**

**EARLY INTERVENTION ALCOHOL AND OTHER DRUG SERVICE**

**MENTAL HEALTH AND ADDICTION SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHD72A, MHD72B, MHD72C, MHD72D, MHDI72A, MHDI72B, MHDI72C,**

**MHDI72D, MHDI72S**

This tier three service specification for Early Intervention Alcohol and Other Drug Service (the Service) must be used in conjunction with the tier one Mental Health and Addiction Services and the tier two Addiction Services service specifications.

For a service specific to children, adolescents and youth, the tier two Infant, Child, Adolescent and Youth service specification must also be used.

1. **Service Definition**

The Service provides specially designed programmes will aim at primary and secondary prevention of alcohol and other drug problems and harm reduction, targeting at risk individuals and groups. Services will work in co-operation with related statutory and community agencies and other areas of the health service.

Components of the Service will include:

* screening, identification and brief assessment
* brief interventions
* consultation and liaison with other health services
* liaison with other services / agencies to facilitate positive outcomes, training and education (of the individual concerned plus relevant family, whānau and or carers) regarding problems, treatment, and maintenance of health and well-being
* family and whanau support
* liaison and consultation services to other providers of health services (including mental health services) and other agencies in contact with people with current or potential substance use problems.

Attention is given to (among other things):

* harm reduction
* accurate information giving
* young people at risk of alcohol and other drug and co-existing related problems / dependence
* co-existing addiction and mental health issues
1. **Service Objectives**

**2.1 General**

To provide a Service specifically for people who are early in the course of developing alcohol and other drug problems.

The Service by intervening aims to shorten the course and decrease the severity of the problems, thereby minimising the complications that may arise.

**2.2 Māori Health**

Refer to the tier one Mental Health and Addiction Services service specification.

**3. Service Users**

The Service Users may be of all ages. Where the Service is to be provided specifically for children, adolescents and youth, refer to the tier two Infant, Child, Adolescent and Youth service specification.

**4. Access**

**4.1 Entry Criteria**

Referral is from any source including self-referral.

**5. Service Components**

**5.1 Processes**

The processes include but are not limited to the following: engagement; assessment, information provision, consultation, liaison, advocacy, support, review process and discharge

**5.2 Settings**

The Service may be provided in community, home and hospital based settings.

**5.3 Key Inputs**

A multi-disciplinary team of people with skills and experience in alcohol and other drug intervention, treatment and support, and who belong in one of the following categories:

* health professionals regulated by the Health Practitioners Competence Assurance Act 2003
* people regulated by the Drug and Alcohol Practitioners Association Aotearoa New Zealand (DAPAANZ) or another health or social service professional body
* people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

**5.4. Pacific Health**

Refer to tier one Mental Health and Addiction service specification.

**6. Service Linkages**

Linkages are as described in Mental Health and Addiction Services tier one and Addiction tier two service specifications.

**7.** **Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following Purchase Units apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHD72A | Early intervention and other drug service adults – Senior medical staff  | Service specifically for adults early in the course of developing alcohol and other drug problems. This includes identification, assessment and interventions for co-existing addiction and mental health issues. The Service aims to shorten the course and decrease the severity of the problems, thereby minimising the complications that may arise. The service is provided by senior medical staff. | FTE |
| MHD72B | Early intervention and other drug service adults – Junior medical staff | Service specifically for adults early in the course of developing alcohol and other drug problems. This includes identification, assessment and interventions for co-existing addiction and mental health issues. The Service aims to shorten the course and decrease the severity of the problems, thereby minimising the complications that may arise. The service is provided by junior medical staff | FTE |
| MHD72C | Early intervention & other drug service adults Nursing & allied health staff | Service specifically for adults early in the course of developing alcohol and other drug problems. This includes identification, assessment and interventions for co-existing addiction and mental health issues. The Service aims to shorten the course and decrease the severity of the problems, thereby minimising the complications that may arise. Service is provided by nursing and allied health staff. | FTE  |
| MHD72D | Early intervention and other drug service adults – Non-clinical staff | Service specifically for adults early in the course of developing alcohol and other drug problems. This includes identification, assessment and interventions for co-existing addiction and mental health issues. The Service aims to shorten the course and decrease the severity of the problems, thereby minimising the complications that may arise. Service is provided by non-clinical staff | FTE  |
| MHDI72A | Early intervention & other drug service child adolescent youth – Snr med staff | Service specifically for children adolescents and youth early in the course of developing alcohol and other drug problems. This includes identification, assessment and interventions for co-existing addiction and mental health issues. The Service aims to shorten the course and decrease the severity of the problems, thereby minimising the complications that may arise. Service is provided by senior medical staff. | FTE  |
| MHDI72B | Early intervention and other drug service child adolescent youth – Jnr med staff | Service specifically for children adolescents and youth early in the course of developing alcohol and other drug problems. This includes identification, assessment and interventions for co-existing addiction and mental health issues. The Service aims to shorten the course and decrease the severity of the problems, thereby minimising the complications that may arise. The service is provided by junior medical staff. | FTE  |
| MHDI72C  | Early intervention & other drug service child adolescent youth – Nurses & allied health | Service specifically for children adolescents and youth early in the course of developing alcohol and other drug problems. This includes identification, assessment and interventions for co-existing addiction and mental health issues. The Service aims to shorten the course and decrease the severity of the problems, thereby minimising the complications that may arise. The service is provided by nursing and allied health staff. | FTE  |
| MHDI72D | Early intervention & other drug service child adolescent youth – non-clinical staff | Service specifically for children adolescents and youth early in the course of developing alcohol and other drug problems. This includes identification, assessment and interventions for co-existing addiction and mental health issues. The Service aims to shorten the course and decrease the severity of the problems, thereby minimising the complications that may arise. The service is provided by non-clinical staff. | FTE  |
| MHDI72S | Early intervention & other drug service child adolescent youth | Service specifically for children adolescents and youth early in the course of developing alcohol and other drug problems. This includes identification, assessment and interventions for co-existing addiction and mental health issues. The Service aims to shorten the course and decrease the severity of the problems, thereby minimising the complications that may arise. | Service |

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| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email performance\_reporting@moh.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)