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|  | **All District Health Boards** | |
| **ADDICTION SERVICES -**  **COMMUNITY BASED ALCOHOL AND OTHER DRUG SPECIALIST SERVICES**  **MENTAL HEALTH AND ADDICTION SERVICES**  **TIER THREE**  **SERVICE SPECIFICATION** | | |
| **STATUS: These service specifications may be amended to meet local agreement needs.** | | **NON-MANDATORY** |
| **Review History** | | **Date** |
| First Published on NSFL | | November 2009 |
| **Correction**: removal of MHDK74C, MHDK74D purchase units inserted in error. | | March 2012 |
| **Amended:** clarified reporting requirements. | | February 2013 |
| **Amended:** added MHD74S purchase unit code, removed standard provider monitoring reporting tables. Minor editing. | | April 2017 |
| Consideration for next Service Specification Review | | Within five years |

**Note:** Contact the Service Specification Programme Manager, Service Commissioning, Ministry of Health to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications.

Nationwide Service Framework Library web site <http://www.nsfl.health.govt.nz>

**ADDICTION SERVICES-**

**COMMUNITY BASED ALCOHOL AND OTHER DRUG SPECIALIST SERVICES**

**TIER THREE SERVICE SPECIFICATION**

**MHD74A, MHD74B, MHD74C, MHD74D, MHD74E, MHD74S**

This tier three service specification is for Community Based Alcohol and other Drug Specialist Services (the Service) and must be used with the tier one Mental Health and Addiction Services service specification and tier two Addiction Services service specifications.

1. **Service Definition**

Community based assessment and treatment services that provide, but are not limited to:

* screening and brief intervention
* specialist comprehensive assessment;
* drug and alcohol treatment, therapy, support and case management (both individual, group and inclusive of family and whānau)
* integrated care for those experiencing co-existing problems of addiction and mental health
* ongoing monitoring of symptoms and regular review of progress and treatment
* development of cultural links
* working with family and whānau and offering support and other interventions
* liaison and consultation services to other providers of health services including mental health services and other agencies in contact with people with current or potential substance use problems
* community development services
* referral to other services or agencies where appropriate
* support to enhance recovery and reduce the risk of relapse for example this may include facilitating engagement with a support group.

Each Service user will be offered interventions that are appropriate according to assessed need in terms of their drug and alcohol use, related problems and readiness for change. Where appropriate treatment may include:

* pharmacotherapy and bio-medical interventions
* psychological treatments
* occupational therapy
* social work
* recreational activities
* social skills training
* domestic skills training
* assertiveness and self-esteem building.

Attention will be paid to specific subgroups such as pregnant women with alcohol and other drug problems.

1. **Service Objectives**

To provide a community or outpatient based assessment and treatment service.

**2.1 Māori Health**

Refer to the tier one Mental Health and Addiction Services service specification.

**3. Service Users**

Refer to the tier one Mental Health and Addiction Services service specification.

**4. Access**

**4.1 Entry Criteria**

Referral from primary health care, inpatient, community mental health teams, alcohol and other drug services.

**5. Service Components**

**5.1 Processes**

The processes include but are not limited to the following: engagement; assessment, information provision, treatment, consultation, liaison, advocacy, support, review process, discharge.

**5.2 Settings**

The Service may be provided in community, and home based settings.

**5.3 Key Inputs**

A multi-disciplinary team of people with skills and experience in alcohol and other drug intervention, treatment and support, and who belong in one of the following categories:

* health professionals regulated by the Health Practitioners Competence Assurance Act 2003
* people regulated by the Drug and Alcohol Practitioners Association Aotearoa New Zealand (DAPAANZ) or another health or social service professional body
* people who interact with service users and who are not subjected to regulatory requirements under legislation or by any other means.

**5.4. Pacific Health**

Refer to tier one Mental Health and Addiction Services service specification

**6. Service Linkages**

Linkages are as described in Mental Health and Addiction Services tier one and Addiction tier two service specifications

**7.** **Purchase Units and Reporting Requirements**

**7.1** Purchase Unit (PU) codes are defined in the DHB and Ministry’s Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

| **PU Code** | **PU Description** | **PU Definition** | **Unit of Measure** |
| --- | --- | --- | --- |
| MHD74A | Community based alcohol and other drug specialist services – Senior medical staff | Community based assessment and treatment services that provide integrated care for those experiencing alcohol and other drug problems and co-existing problems of addiction and mental health. The service is provided by senior medical staff. | FTE |
| MHD74B | Community based alcohol and other drug specialist services – Junior medical staff | Community based assessment and treatment services that provide integrated care for those experiencing alcohol and other drug problems and co-existing problems of addiction and mental health. The service is provided by junior medical staff. | FTE |
| MHD74C | Community based alcohol and other drug specialist services – Nursing and allied health staff | Community based assessment and treatment services that provide integrated care for those experiencing alcohol and other drug problems and co-existing problems of addiction and mental health. The service is provided by nursing and allied heath staff. | FTE |
| MHD74D | Community based alcohol and other drug specialist services – Non-clinical staff | Community based assessment and treatment services that provide integrated care for those experiencing alcohol and other drug problems and co-existing problems of addiction and mental health. The service is provided by non-clinical staff. | FTE |
| MHD74E | Community based alcohol and other drug specialist services – Cultural staff | Community based assessment and treatment services that provide integrated care for those experiencing alcohol and other drug problems and co-existing problems of addiction and mental health. The service is provided by cultural staff. | FTE |
| MHD74S | Community based alcohol and other drug specialist services | Community based assessment and treatment services that provide integrated care for those experiencing co-existing problems of addiction and mental health. | Service |

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| --- | --- |
| **Unit of Measure** | **Unit of Measure Definition** |
| FTE | Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team. |
| Service | Service purchased in a block arrangement uniquely agreed between the parties to the agreement |

**7.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\_reporting@moh.govt.nz](mailto:performance_reporting@moh.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications[[1]](#footnote-1) may be used for performance monitoring if specified as agreed with the Funder.

1. Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfl.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services [↑](#footnote-ref-1)