**Z71.6 Counselling for tobacco use disorder**

This New Zealand Coding Convention was related to the reporting requirement previously aligned with the Health Target ‘Better help for smokers to quit’ and the DHB Non-Financial Monitoring Framework and Performance Measure ‘Better help for smokers to quit in public hospitals’.

Z71.6 *Counselling for tobacco use disorder* is assigned as an additional diagnosis when there is evidence within the clinical record of **one or more** of the following:

1. Brief advice to quit including documentation where advice and/or treatment has been offered but declined by patient.
2. Charting or prescribing of the following pharmacotherapies when used for smoking cessation and/or temporary abstinence purposes for public hospital inpatients.
   * Nicotine replacement therapy (transdermal patch, gum, lozenge, inhaler, microtab)
   * Varenicline (Champix)
   * Bupropion (Zyban)
   * Nortriptyline (documented to aid smoking cessation).
3. A referral made to a smoking cessation specialist or programme (inpatient or outpatient). This may include any of the following:
   * Hospital Smokefree Team
   * Quitline
   * Aukati Kai Paipa
   * Other local cessation provider.
4. A referral to General Practitioner or Practice Nurse for follow-up of smoking or tobacco dependence, or smoking cessation, post-discharge from hospital.

Clinical coders are advised to:

* Include free text in the code description for Z71.6 *Counselling for tobacco use disorder*, see examples:
  + Z71.6 Counselling for tobacco use – offered NRT – declined
  + Z71.6 Counselling for tobacco use – charted NRT
  + Z71.6 Counselling for tobacco use – referred to Quitline
  + Z71.6 Counselling for tobacco use – advice given
* contact their Smokefree Coordinators for assistance and support to improve documentation within the clinical record.