

#### Introduction

The following posters have been created as a medium for sharing knowledge with kāinga. They distill some of the key messages that kāinga wanted, or needed, to hear from other kāinga who have also experienced rheumatic fever. Through the use of imagery and stories, the posters show kāinga that they are not alone.

The posters can be shared by young people, their families, and other stakeholders via social media.



## KNOWING WHY, WHAT, WHERE AND HOW

the medicine works is helpful.

Sometimes they think we know because we get the shot every month.





### I AM NOT ALONE

it's nice to hear other mums on the same journey with the same struggles.



# When other kids ask about my scar I tell them that

#### I AM IRON MAN.

I used to be shy about it especially at the pools.







Faith is fundamental for healing, especially if you're Tongan.

### 'OFA, TUI MOE 'AMANAKI

Love, faith and hope with God at the center got us through as a family.



