

Midwifery first year of practice programme

July 2025

Kia ora and congratulations!

Now you're embarking on your midwifery career, we'd love to support you in your first year of practice.

We offer supportive Graduate Midwifery Programmes and exciting opportunities for midwives starting their career in the Capital, Coast and Hutt Valley district.

Our midwives provide safe, effective and compassionate care across the range of services.

We collaborate with Lead Maternity Care (LMC) midwives and many other disciplines to achieve the best experience for whānau.



Wellington – the cultural capital of Aotearoa - is thriving with museums, theatre and arts festivals, as well as many sporting events and stunning coastlines. It's easy to get around with fantastic public transport and is small enough to walk almost anywhere.

A short trip up the motorway to the Hutt Valley brings different opportunities in this family-focused community for enjoying the great outdoors, cafés and artisan producers.

Both the capital and the Hutt have great weather and even better coffee!

Our Midwifery Graduate Programme's structure

Our comprehensive 54-week programmes are tailored to provide you with a well-rounded experience. You'll work eight-hour shifts on a rostered and rotating basis, with a workload equivalent of 0.8 fte (64 hours per fortnight).

The programmes allow you to balance your clinical responsibilities, commitments to the Midwifery First Year of Practice (MFYP) and your personal life.

Capital and Coast programme

- A two-week non-clinical orientation period.
- Eighteen weeks in the Birthing Suite, including orientation.
- Eight weeks in both the Postnatal and Antenatal Wards, each with orientation.
- Primary unit rotation at Kenepuru, including orientation.
- One week with the Midwifery Team (CMT) and one week in antenatal clinics.
- Further rotation through the Birthing Suite and the Maternity Ward.

Hutt Valley programme

- A two-week non-clinical orientation period.
- Sixteen weeks in the Birthing Suite, including orientation.
- Fourteen weeks in the Maternity Ward (Antenatal/Postnatal), including orientation.
- Primary unit rotation at Kenepuru, including orientation.
- Two weeks in the Community Midwifery Team and Maternity Assessment Unit/Clinics.
- Further rotation through the Birthing Suite and the Maternity Ward.

How we can support you starting your career

Our programmes are designed to build upon the knowledge and experience you gained during your university education.

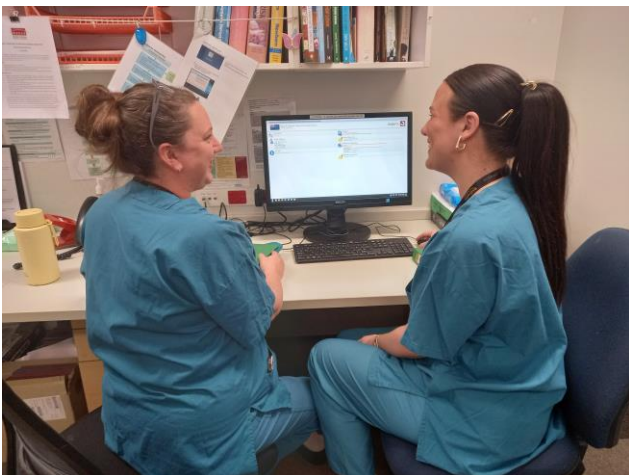
We strive to provide a strong, supportive and sustainable start to your midwifery career.

What do we provide?

- Regular check-ins and guidance from Midwife Educators and Midwife Clinical Coaches.
- New graduate hui where you can connect with fellow new graduates, including LMCs, to share knowledge and skills.
- Midwifery education opportunities such as cultural and equity study days, midwifery emergency skills, fetal surveillance, breastfeeding, suturing and epidural workshops to fulfil your MFYP and Midwifery Council requirements.
- Ongoing midwifery forums dedicated to midwifery practice, educational multidisciplinary meetings (including perinatal mortality reviews), research presentations, microteaching sessions and discussions on current topics of interest.

We have supportive teams who nurture our new graduates and each other. Our senior teams include the District Chief Midwife, Associate Directors of Midwifery and Midwife Managers.

Our obstetric teams are respectful and collaborative. We all work alongside our LMC colleagues and endeavour to provide the best care for whānau.



Each area and all shifts are led by a Clinical Midwife Manager. We're also well supported by our amazing lactation consultants, social workers, hearing screeners, administrators and a variety of other health professionals.

In addition, we work closely with our very busy Neonatal Intensive Care Unit, Special Care Baby Unit and gynaecology areas.

The teams across our district are here to provide excellent care to whānau and to embrace the diversity and culture of our communities.



As a new graduate midwife, we know you're the future of our maternity care for whānau. Let us support you to experience the joy and challenges of your first year of midwifery practice. We look forward to you joining our team.

Want more information?

- **Go to:**
www.ccdhb.org.nz/working-with-us/midwifery/
- **Or contact our recruitment team on:**
(04) 806 2549