



When you're ready!

When you're ready to talk about your alcohol and other drug use, or you're concerned about someone else, CADS is here to help.

call 0800 845 1818
www.cads.org.nz

Te Whatu Ora
Health New Zealand

CADS Dual Diagnosis Service

Supporting people in their recovery

Dual Diagnosis is a specialist service for people adversely affected by substance use and mental illness. We work with current clients of mental health services as we work collaboratively with inpatient and outpatient mental health teams to:

- Assess people's use of substances and their effects
- Work alongside clients and their support people to improve their quality of life
- Work in partnership with the inpatient mental health team or CMHC clinician and psychiatrist.

To access Dual Diagnosis speak with your mental health clinician who can send us a referral.

Appointments available

Monday – Friday 9am – 4pm

(Please note: the walk in clinic is not available for the Dual Diagnosis service)

We are a mobile team so can meet you at your home, at another service or wherever is comfortable for you.

This is a free service.