# Starting treatment for kidney failure in New Zealand

55% started with haemodialysis
40% with peritoneal dialysis
5% started treatment with a kidney transplant



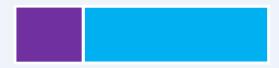
The number of people starting dialysis each year is **staying the same** for **New Zealand European** patients, and continuing to increase among **Māori and Pacific** patients



50%

**Half** of patients starting **dialysis** have **diabetes**.

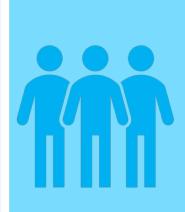
One-quarter of patients having a transplant have diabetes.



**25%** 

### A summary of 2015

527 New
Zealanders started
treatment for
end-stage kidney
disease in 2015



Patients aged between **65**and **74** years were
the most likely to **Start** 

the most likely to Start treatment



1 in 6 patients started dialysis less than 3 months after their first assessment. This number is decreasing.

We wish to acknowledge that this summary is based on information provided by New Zealand patients and kidney units each year to ANZDATA.





## Kidney **Transplants**

in New Zealand

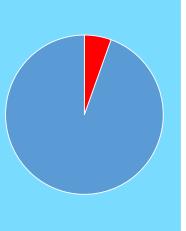
147 New Zealanders

RECEIVED A KIDNEY **TRANSPLANT IN 2015** 

2015 147 2014 138 2013 116 2012 108

The number of kidney transplants in NZ is increasing each year

There were 5.5 kidney transplants for every 100 dialysis patients in 2015



There were 9 ABO



incompatible kidney transplants and

2 paired kidney exchanges in 2015



#### A summary of 2015



**New Zealand patients** are on the waiting list for a **KIDNEY transplant** 

In 2015, 74 New Zealanders

were **LIVE KIDNEY** 

**DONORS**. This is the most

there have ever been in a single year.

**73** kidney transplants were donated by deceased New Zealanders

24 New Zealanders had a kidney

transplant as their first

treatment for kidney failure

... but only 2 were received by Pacific patients and 0 by Māori patients.

We wish to acknowledge that this summary is based on information provided by New Zealand patients and kidney units each year to ANZDATA.





#### **Dialysis** in New Zealand

#### A summary of 2015

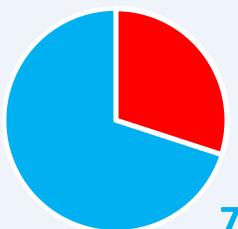
In 2015, **503** 

**New Zealanders** 

started long-

term dialysis treatment





30% treated with peritoneal dialysis

70% treated with haemodialysis

61% started haemodialysis with temporary



dialysis catheter

**18** 

children and young adults started dialysis in 2015





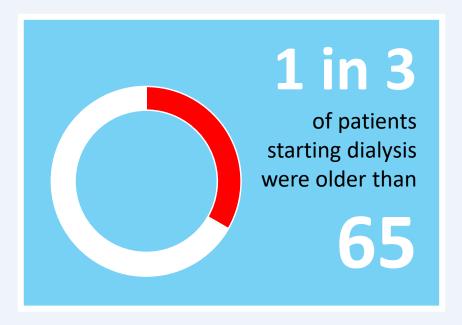
**Treated** with home dialysis

2674 adults and

children were treated with dialysis during 2015

(an increase of 12%

in the last **5 years**).



We wish to acknowledge that this summary is based on information provided by New Zealand patients and kidney units each year to ANZDATA.



