,TE ,:ATU ,ORA #A

,H1L? ,NEW ,Z1L&

,M1SLES ,FACT%EET

^7,M1SLES IS A S]I\S VIRAL

41SE T C MAKE P V SICK4 ,X C

SPR1D V EASILY AM;G P :O H N

\_H ! ,M1SLES1 ,MUMPS1 ,RUBELLA

"<,,MMR"> VA39E OR \_H M1SLES

2F4^'

,H[ M1SLES SPR1DS

,M1SLES SPR1DS EASILY 2T P

:O >E N PROTECT$ AG/ ! VIRUS

"<IMMUNE">4 ,X IS SPR1D BY

BR1?+1 SNEEZ+ OR C\<+4 ,Y C

CAT\* X J BY GO+ 9TO A ROOM ":

"S"O ) M1SLES HAS BE5 AN H\R

2F4

,"K ! SYMPTOMS

\_4 ,R$1 BLOT\*Y RA%4

\_4 ,F"E4

\_4 ,SORE1 WAT]Y P9K EYES4 #A

M1SLES A#A

\_4 ,C\<4

\_4 ,RUNNY NOSE4

----------------------------#B

,! RA% NORMALLY APPE>S #C TO

#G "DS AF ! O!R SYMPTOMS4 ,?

/>TS ON ! FACE & !N SPR1DS TO

! RE/ ( ! BODY4

,GET VA39AT$,-PROTECT YRF

& O!RS AG/ M1SLES

,! ,,MMR VA39E PROTECTS Y

AG/ ,M1SLES1 ,MUMPS & ,RUBELLA

& LIMITS ! \*.E Y W H TO

ISOLATE OR QU>ANT9E IF Y COME

9TO 3TACT ) "S"O :O HAS "O (

^! VIRUSES4

,! VA39E IS FREE & AVAILABLE

TO ANY"O 9 ,NEW ,Z1L& BORN AF

#A ,JANU>Y #AIFI4 ,TO GET YR

VA39E 3TACT YR DOCTOR4 ,IF Y

>E N SURE :E!R Y H BE5

VA39AT$1 X IS SAFE TO GET !

,,MMR VA39E AG4

#B

M1SLES A#B

,:AT TO D IF Y H M1SLES

SYMPTOMS

^7,IF Y H M1SLES SYMPTOMS1

S\* Z A F"E & A RA%1 Y %D SEEK

M$ICAL ADVICE URG5TLY4 ,CALL

YR DOCTOR OR R+ ,H1L?L9E =

FREE ANY"T ON #JHJJ"FAA"AAF4^'

,PL1SE D N VISIT A M$ICAL

C5TRE OR HOSPITAL )\T CALL+ F/

Z Y MAY RISK PASS+ ON ! VIRUS

TO O!RS4 ^7,9 AN EM]G5CY CALL

#AAA4^'

,A D$ICAT$ ,4ABIL;Y ,HELPL9E

IS AVAILABLE #BD H\RS A "D1 #G

"DS A WEEK TO SUPPORT 4ABL$ P4

,= M1SLES OR G5]AL 5QUIRIES

CALL FREE ON #JHJJ"AA"AB"AC OR

TEXT #HIHH = HELP & 9=MA;N4

----------------------------#C

,A3ESS ? HELPL9E US+ ! ,,NZ

,RELAY ,S]VICE = ASSI/.E

WWW4NZRELAY4CO4NZ

,A P]SON ) EXP]I;E OR K #C

M1SLES A#C

( 4ABIL;Y W ANSW] YR CALL F

#H;AM TO #HPM4 ,AF #HPM1 CALLS

>E ANSW]$ BY A TRA9$ MEMB] ( !

,H1L?L9E T1M4

,! ,4ABIL;Y ,HELPL9E IS RUN

BY ,:AKARONGORAU ,AOTEAROA \_\

,NEW ,Z1L& ,TELEH1L? ,S]VICES4

,\*ECK IF Y'RE PROTECT$ AG/

M1SLES

,Y >E 3SID]$ IMMUNE TO

M1SLES IF Y3

\_4 ,7 BORN 2F #A ,JANU>Y

#AIFI4

\_4 ,H \_H M1SLES 2F4

\_4 ,H \_H TWO ,,MMR VA39A;NS1 &

! LA/ DOSE 0 OV] A MON? AGO4

,BABIES "U #AE MON?S >E

3SID]$ IMMUNE IF !Y H \_H "O

,,MMR DOSE AF #AB MON?S (

AGE1 GIV5 AT L1/ A MON? AGO4

\_4 ,H \_H A BLOOD TE/ %[+ Y >E

IMMUNE4 #D

M1SLES B#C

,IF Y'RE IMMUNE1 Y WON'T H

TO /AY HOME 9 QU>ANT9E IF Y

COME 9TO 3TACT ) "S"O :O HAS

M1SLES4

,TO \*ECK IF Y & YR :\_ANAU >E

IMMUNE1 \*ECK YR ,WELL\*ILD

,TAMARIKI ,ORA OR ,PLUNKET

BOOK1 OR 3TACT YR DOCTOR4

----------------------------#D

,,COVID-#AI VS M1SLES

SYMPTOMS

,,COVID-#AI & M1SLES C FEEL

V SIMIL> TO />T )4 ,? IS :Y

X'S IMPORTANT TO TE/ YRF =

,,COVID-#AI IF Y H COLD & FLU

SYMPTOMS & /AY HOME IF Y'RE

UNWELL1 EV5 IF YR TE/ RESULT

IS NEGATIVE4

,Y %D SEEK M$ICAL ADVICE IF3

\_4 ,YR SYMPTOMS GET WORSE

\_4 ,!Y DON'T G AWAY AF #DH

H\RS

\_4 ,A SECOND ,,COVID-#AI #E

M1SLES A#D

TE/ AL COMES BACK NEGATIVE

\_4 ,Y DEVELOP SYMPTOMS

SPECIFIC TO M1SLES1 S\* Z3

\_4 A BLOT\*Y RA%

\_4 SORE & WAT]Y P9K EYES

,IF 9 D\BT1 SEEK HELP4

,3TACT YR DOCTOR OR CALL

,H1L?L9E = FREE ON

#JHJJ"FAA"AAF4

,P AT RISK ( S]I\S ILL;S

,"S P >E M AT RISK ( GETT+ V

UNWELL IF !Y CAT\* M1SLES4 ,?

9CLUDES3

\_4 ,ANY"O ) A \*RONIC ILL;S OR

A W1K5$ IMMUNE SY/EM4

\_4 ,\*N "Y] ?AN FIVE YE>S OLD

:O H N \_H "O DOSE ( ! ,,MMR

VA39A;N4

\_4 ,BABIES "Y] ?AN #AB MON?S

:O >E TOO "Y TO RCV ! F/

DOSE ( ! ,,MMR VA39E4 #F

M1SLES B#D

\_4 ,PREGNANT P4

----------------------------#E

,IF Y OR YR :\_ANAU >E 9 ^!

GR\PS1 X'S EV5 M IMPORTANT Y

GET VA39AT$ IF Y C4

,PREGNANT P & \*N AG$ #AB

MON?S & "Y] \_C GET VA39AT$

"<AL? IF "!'S AN \TBR1K (

M1SLES \*N "U #AB MON?S MAY 2

ABLE TO 2 VA39AT$">1 H["E !Y W

2 LESS LIKELY TO CAT\* M1SLES

IF O!RS 9 \_! :\_ANAU >E

VA39AT$4

,IF Y CAT\* M1SLES

,IF A TE/ %[S Y H M1SLES1

Y'LL NE$ TO /AY HOME &

ISOLATE4 ,Y C L1VE YR HOME #D

"DS AF Y DEVELOP A RA%1 FOLL[+

A F9AL \*ECK ) A H1L?

PR(ES.NAL4

,MO/ P C ISOLATE SAFELY AT

HOME4 ,X TAKES >.D #G TO #AJ

"DS TO RECOV]1 F :5 Y F/ #G

M1SLES A#E

GET SYMPTOMS4 ,>.D #A 9 #AJ P

) M1SLES NE$ TO G TO HOSPITAL

2C ( \_! SYMPTOMS4

,A H1L? PR(ES.NAL W 2 9 T\\*

REGUL>LY IF Y NE$ TO ISOLATE4

,!Y'LL AL ID5TIFY ANY"O ELSE

AT RISK ( CAT\*+ M1SLES F Y &

PROVIDE !M ) FUR!R 9=MA;N4

,IF Y'RE A 3TACT (

"S"O ) M1SLES

,IF Y'VE BE5 NE> "S"O :O HAS

M1SLES & Y >5'T 3SID]$ IMMUNE1

Y MAY NE$ TO QU>ANT9E4

----------------------------#F

,! QU>ANT9E P]IOD W

TYPICALLY LA/ >.D #AD "DS4 ,A

H1L? PR(ES.NAL W EXPLA9 :5 Y

NE$ TO QU>ANT9E & = H[ L;G1 &

\*ECK 9 ON Y REGUL>LY4

,IF Y H \_H "O DOSE ( ,,MMR

VA39E1 Y D N H TO QU>ANT9E1 B

%D TAKE PRECAU;NS4 ,Y D N NE$

TO REMA9 AT HOME1 B = #AD #H

M1SLES A#F

"DS Y %D /AY AWAY F E>LY LE>N+

S]VICES4 ,PL1SE AL /AY AWAY F

H1L?C>E FACILITIES EXCEPT TO

GET VA39AT$ OR IF Y REQUIRE

URG5T M$ICAL ATT5;N4 ,WE> A

MASK & CALL F/ TO SAY Y >E A

M1SLES 3TACT4

,ISOLA;N & QU>ANT9E

SUPPORT

,IF Y NE$ F9ANCIAL OR O!R

SUPPORT :ILE Y'RE AT HOME1 ASK

! PUBLIC H1L? PR(ES.NAL :5 !Y

CALL Y4 ,Y C AL 3TACT ,,MSD ON

#JHJJ"EEI"JJI TO SEE IF Y'RE

ELIGIBLE = F9ANCIAL SUPPORT4

,= M 9=MA;N VISIT3

WWW4H1L?4GOVT4NZ\_/M1SLES

,PRODUC$ #BJBC BY

,A3ESSIBLE ,=MATS ,S]VICE

,BL ,L[ ,VI.N ,,NZ1 ,AUCKL&

#I

M1SLES B#F

,,! ,,5D

#AJ